

# List of All Chemicals

## P Citrus reticulata (Rutaceae)

### Common name(s)

Tangerine; Mandarin

### How used

Food

\*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Chemical	Plant Part	Low PPM	High PPM	StdDev	*Reference
(E)-BETA-OCIMENE	Fruit	4.0	5.0	-0.62	*
(Z)-BETA-OCIMENE	Fruit	--	0.1	-0.75	*
1,8-CINEOLE	Fruit	--	76.0	-0.42	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

### Activities (67)

(-)Chronotropic 87 nl/ml	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
(-)Inotropic 87 nl/ml	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Acaricide LC100=6 uM	
Allelopathic	
Allergenic	
Anesthetic	
Anthelmintic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiacetylcholinesterase IC50=41 ug/ml	
Antiallergic	J. Food Hyg. Soc. Jap. 33(6): 569.
Antibacterial 50 ppm	
Antibronchitic	
Anticariogenic	
Anticatarrh	Martindale's 29th
Anticholinesterase IC50=50-70	
Antifatigue	
Antihalitotic	American Health, 12(4): 17, 1993.
Antiinflammatory	
Antilaryngitic	
Antinociceptive	
Antipharyngitic	
Antiplaque	
Antirheumatic	
Antirhinitic	
Antiseptic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antisinusitic	
Antispasmodic	
Antistaphylococcic 50 ppm	
Antitussive	
Antiulcer	
CNS-Stimulant	
Candidicide	
Carcinogenic	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Choleretic	
Convulsant	
Counterirritant	Martindale's 29th
Cytochrome-P450-Inducer	
Decongestant	
Degranulant 0.3 ul/ml	
Dentifrice	Martindale's 29th

Expectorant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
FLavor FEMA 1-200	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Gastroprotective	
Gram(+)icide	
Gram(-)icide	
Hepatotonic	
Herbicide IC50=78 uM	Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6)</i> Marcel Dekker, Inc. NY. 665 pp.
Hypotensive	
Inflammatory inj	
Insectifuge	
Irritant	Rinzler, C. A. 1990. <i>The Complete Book of Herbs, Spices and Condiments. Facts on File</i> , New York. 199 pp.
Myorelaxant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. <i>Herbal Medicine - A Guide for Health-care Professionals.</i> The Pharmaceutical Press, London. 296pp.
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture.</i> Plenum Press, New York. 445 pp.
Neurotoxic	
P450-Inducer	
Pediculicide 2.3 x pyrethrin	
Perfume	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Rubefacient	Martindale's 29th
Secretagogue	
Sedative	
Spasmogenic	
Surfactant	
Testosterone-Hydroxylase-Inducer	
Transdermal	
Trichomonicide LD100=1,000 ug/ml	

3',5-DIHYDROXY-6,7,8-TRIMETHOXY-FLAVONE	Pericarp	--	2.1	*
3'-DIMETHYL-NOBILETIN	Pericarp	--	21.4	*
3'-HYDROXY-4',5,6,7,8-PENTAMETHOXY-FLAVONE	Leaf	--	--	*
3,5,5-TRIMETHYLBENZYL-ALCOHOL	Fruit	--	3.0	Lawrence, B.M., <i>Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.</i>
4',5,7,8-TETRAMETHOXY-FLAVONE	Pericarp	161.0	185.7	*
4',5,7-TRI-O-METHYL-APIGENIN	Pericarp	--	5.7	*
4',5,7-TRIHYDROXY-3',6,8-TRIMETHOXY-FLAVONE	Pericarp	--	--	*
4'-5-7-TRIMETHOXYFLAVONE	Pericarp	--	--	*
4'-HYDROXY-5,6,7,8-TETRAMETHOXY-FLAVONE	Pericarp	--	1.4	*

#### Activities (1)

Aldose-Reductase-Inhibitor 10 uM Okuda, I., Muwa, B., Inagakat, K., Horie, T., Nakayama, M. 1982. Inhibition of Aldose Reductases from Rat and Bovine Lenses by Flavonoids. *Biochem Pharmacol*, 31(23): 3807-3822.

4,5-DIHYDROXY-7,8-DIMETHOXY-FLAVONE	Pericarp	--	--	*
5,5'-OXY-DIMETHYLENE-BIS-(2-FURALDEHYDE)	Pericarp	--	--	*
5-DEMETHYL-NOBILETIN	Pericarp	--	257.1	*
5-HYDROXY-3',4',6,7-TETRAMETHOXY-FLAVONE	Pericarp	--	35.7	*
5-HYDROXY-3,5',7,8-TETRAMETHOXY-3',4'-METHYLENEDIOXY-FLAVONE	Fruit	--	--	*
5-HYDROXY-4',7,8-TRIMETHOXY-FLAVONE	Pericarp	--	--	*

7-DEMETHYL-TANGERETIN	Pericarp	--	5.0	*	
7-HYDROXY-3',4',5,6,8-PENTAMETHOXY-FLAVONE	Pericarp	--	10.0	*	
7-HYDROXY-3',4',5,6-TETRAMETHOXY-FLAVONE	Leaf	--	--	*	
8-HYDROXY-4',5,7-TRIMETHOXY-FLAVONE	Pericarp	--	2.8	*	
8-METHOXY-CIRSIMLINEOL	Pericarp	--	12.1	*	
<b>Activities (2)</b>					
Aldose-Reductase-Inhibitor 10 uM	Okuda, I., Muwa, B., Inagakat, K., Horie, T., Nakayama, M. 1982. Inhibition of Aldose Reductases from Rat and Bovine Lenses by Flavonoids. Biochem Pharmacol, 31(23): 3807-3822.				
Antispasmodic					
ACETALDEHYDE	Fruit	--	2.0	-0.71	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
<b>Activities (6)</b>					
Addictive 8 ug/kg	Science News, 145: 294.				
Fungicide					
Perfumery FEMA 4-25	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Pesticide					
Respiraparalytic					
Tyrosinase-Inhibitor ID50=43 ug/ml					
ALANINE	Fruit	70.0	2740.0	-0.38	*
<b>Activities (3)</b>					
Antioxidant	Larson, R.A. 1987. Review Article Number 30. The Antioxidants of Higher Plants. Phytochemistry. 27: 969-978.				
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Oxidant	Larson, R.A. 1987. Review Article Number 30. The Antioxidants of Higher Plants. Phytochemistry. 27: 969-978.				
ALPHA-CAROTENE	Fruit	0.2	2.0	-0.25	*
<b>Activities (7)</b>					
Anticancer	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.				
Anticancer (Liver)	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.				
Anticancer (Lung)	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.				
Anticancer (Skin)	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.				
Antiproliferant 10 x beta-carotene	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.				
Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Previtamin-A					
ALPHA-COPAENE	Fruit	1.0	2.0	-0.69	*
ALPHA-CUBEBENE	Fruit	0.7	1.0	-0.62	*
ALPHA-HUMULENE	Fruit	0.7	1.0	-0.6	*
<b>Activities (2)</b>					
Antitumor	Zheng, G-Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove ( <i>Eugenia caryophyllata</i> ) As Potential Anticarcinogenic Agents. Journal of Natural Products 55(7): 999-1003, 1992.				
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
ALPHA-LINOLENIC-ACID	Fruit	100.0	806.0	-0.79	USDA's Ag Handbook 8 and sequelae)
<b>Activities (15)</b>					
5-Alpha-Reductase-Inhibitor					
Antiaggregant	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.				
Antihypertensive					
Antiinflammatory IC50=42 uM					
Antileukotriene-D4 IC50=42 uM					
Antimennorrheal	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Antimetastatic	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.				
Antiprostatic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				

Immunostimulant 0.12 ml/man/day	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Lymphocytogenic 0.5 ug/ml	Cunane, S. and Thompson, L. U., eds. 1995. Flaxseed in Human Nutrition. AOCS Press, Champaign IL. 384 pp.
Propeptic	
Prostaglandin-Synthesis-Inhibitor 39.5 g/day/hmn	Ferretti, A., Flanagan, V. P. 1996. Antithromboxane Activity of Dietary Alpha-linolenic Acid: A Pilot Study. Prostaglandins Leukotrienes Essential Fatty Acids, 54(6): 451-455. ARS, USDA.
Vasodilator	

ALPHA-PHELLANDRENE	Fruit	5.0	6.0	-0.57	*
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#### Activities (11)

Antibacterial	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
Antistaphylococcic	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
Dermal	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Emetic	
FLavor FEMA 10-130	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Insectiphile	Pakistan Encyclopedia Planta Medica. 1986.
Irritant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Laxative	
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	

ALPHA-PINENE	Fruit	50.0	55.0	-0.7	*
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#### Activities (28)

Allelochemical	
Allergenic	
Antiacne	
Antibacterial	
Antifeedant	
Antiflu	Economic & Medicinal Plant Research, 5: 195.
Antiinflammatory 500 mg/kg	
Antipneumonic	
Antiseptic	
Antispasmodic	
Antistaphylococcic	
Antiviral	Economic & Medicinal Plant Research, 5: 195.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Coleoptophile	
Expectorant	Michael Castleman 1991. The Healing Herbs. Rodale Press, Emmaus, PA 436 pp.
FLavor FEMA 15-150	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Herbicide IC50=30 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insecticide 0.82 uM/fly	
Insectifuge 50 ppm	
Insectiphile	J. Stored. Prod. Res., 22:141, 1986.
Irritant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
P450-2B1-Inhibitor IC50=0.087 uM	
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Sedative	Lawrence Review of Natural Products, Jun-90.
Spasmogenic	
Tranquilizer	Lawrence Review of Natural Products, Jun-90.
Transdermal	

ALPHA-SELINENE	Fruit	--	2.0	-1.01	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
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#### Activities (3)

Antimalarial IC50=>50 ug/ml	Rukunga, G. and Simons, A. J. 2006. The Potential of Plants as a Source of Antimalarial Agents - A Review. Africa Herbal Antimalaria Meeting. PlantaPhile Publications, Berlin. 72 pp.
Antiplasmodial IC50=>50 ug/ml	Rukunga, G. and Simons, A. J. 2006. The Potential of Plants as a Source of Antimalarial Agents - A Review. Africa Herbal Antimalaria Meeting. PlantaPhile Publications, Berlin. 72 pp.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

ALPHA-SINESAL	Fruit	1.0	32.0	1.0	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
ALPHA-TERPINENE	Fruit	0.7	1.0	-0.45	*
<b>Activities (13)</b>					
ACE-Inhibitor 100 ug/ml (weak activity)					
Acaricide					
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.				
Antiacyetylcholinesterase IC50=1.0 mM					
Antinitrosaminic					
Antispasmodic					
FLavor FEMA 1-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Insecticide 0.86 uM/fly					
Insectifuge					
P450-2B1-Inhibitor IC50=0.76 uM					
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Pesticide					
Spasmogenic					
ALPHA-TERPINEOL	Fruit	1.0	2.0	-0.41	*
<b>Activities (23)</b>					
ACE-Inhibitor 100 ug/ml (weak activity)					
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.				
Allelopathic	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.				
Antiacne					
Antibacterial MIC=800-1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.				
Anticancer	Joseph, J., Nadeau, D. and Underwood, A. 2001. The Color Code. Hyperion, NY.				
Anticariogenic MIC=800-1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.				
Antiinflammatory					
Antiproliferant					
Antiseptic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Cicatrizant ED50=240 ug/g mus					
FLavor FEMA 5-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Insecticide 1.29 uM/fly					
Interleukin-6-Inhibitor					
Mosquitofuge > Deet					
Motor-Depressant	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC				
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.				
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Pesticide					
Sedative	Buchbauer et al, e.g.Buchbauer et al,1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC				
Termiticide IC100=5 mg/g					
Transdermal					
Vulnerary ED50=240 ug/g mus					

ALPHA-TERPINYL-ACETATE	Fruit	1.0	5.0	-0.71	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
ALPHA-THUJENE	Fruit	1.0	2.0	-0.59	*
ALPHA-TOCOPHEROL	Fruit	3.0	31.0	-0.64	*
<b>Activities (32)</b>					
Antialzheimeran					
Antiangular					

Antiasthmatic	
Antiatherosclerotic	Soumyanath, A. Ed. 2006. Traditional Medicines for Modern Times - Antidiabetic Plants. CRC Press, Taylor & Francis Group. Boca Raton, FL. 314 pp.
Anticancer	
Anticataract	
Anticonvulsant Synergen	
Antidementia	
Antidiabetic	Soumyanath, A. Ed. 2006. Traditional Medicines for Modern Times - Antidiabetic Plants. CRC Press, Taylor & Francis Group. Boca Raton, FL. 314 pp.
Antiinfarctal	Soumyanath, A. Ed. 2006. Traditional Medicines for Modern Times - Antidiabetic Plants. CRC Press, Taylor & Francis Group. Boca Raton, FL. 314 pp.
Antiinfertility	
Antiischemic	
Antimaculitic	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antineuropathic	
Antioxidant 5 x quercetin	
Antioxidant IC34=10 uM	
Antiparkinsonian	
Antiradicular 5 x quercetin	
Antiretinotic	
Antirheumatic	
Antistroke	
Antitumor	
Antitumor (Bladder)	
Antitumor (Prostate)	
Antitumor (Stomach)	
Antitumor-Promoter	
Cancer-Preventive	
Cardioprotective	
Circulotonic	
Immunomodulator	

ALPHA-YLANGENE	Fruit	--	1.0	-0.72	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
ALUMINUM	Fruit	1.0	15.0	-0.22	ACTA AGRIC SCAND SUPPL 22: 1980

#### Activities (5)

Antisilicotic	Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987.
Antivaginitic	Martindale's 28th
Candidicide	Martindale's 28th
Encephalopathic	Martindale's 29th
Pesticide	

ARGININE	Fruit	440.0	3546.0	-0.2	USDA's Ag Handbook 8 and sequelae)
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#### Activities (14)

Antidiabetic?	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Antienccephalopathic	Martindale's 29th
Antihepatitic	Martindale's 29th
Antihypertensive	
Antiimpotence	
Antiinfertility 4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antioxidant?	
Aphrodisiac 3 g/day	
Diuretic	
Hypoammonemic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
NO-Genic	
Pituitary-Stimulant	
Spermigenic 4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Vasodilator	

ARSENIC	Fruit	0.04	0.3	-0.15	ACTA AGRIC SCAND SUPPL 22: 1980
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#### Activities (2)

Anorexic	Forest H. Nielsen, USDA, Grand Forks, various publications.
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ASCORBIC-ACID	Fruit	280.0	3684.0	-0.06	*
<b>Activities (112)</b>					
Acidulant FEMA 6,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Aldose-Reductase-Inhibitor	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95				
Analgesic 5-10 g/day					
Angiotensin-Receptor-Blocker					
AntiAGE 2,000 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95				
AntiCFS 500-1,000 mg					
AntiCTS 1,000 mg 3x/day					
AntiCrohn's 50-100 mg/day/orl/man	Martindale's 29th				
AntiLyme 500-2,000 mg					
AntiRaynaud's 500 mg 1-2x/day					
Antiaggregant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95				
Antiaging 400 mg/day					
Antiallergic					
Antialzheimeran 2,000-6,000 mg/day					
Antiarthritic 0.2-1 g/day					
Antiasthmatic 1,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antiatherosclerotic					
Antibacterial	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Anticataract 350 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Anticataract 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95				
Anticataract 1 g 3x/day					
Anticervicaldysplastic 1,000-2,000 mg/day					
Anticlimacteric 500-5,000 mg/day					
Anticold 1-2 g/man/day					
Antidecubitic 500 mg/man/2x/day	Martindale's 28th				
Antidementia					
Antidepressant 2,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antidiabetic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95				
Antidote (Aluminum)	Economic & Medicinal Plant Research, 6: 189.				
Antidote (Cadmium)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antidote (Lead)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antidote (Paraquat)	Martindale's 28th				
Antieczemic 3.5-5 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antiedemic 1 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antinecephalitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antiendometriotic 2,000 mg/day					
Antifatigue 500-1,000 mg					
Antifibrotic 1,000-2,000 mg					
Antigallstone 1,000-3,000 mg/day					
Antigastritic					
Antigingivitic					
Antiglaucomic 2 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antihangover 1,000 mg					
Antihemorrhagic 1 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antihepatitic 2-6 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antihepatotoxic	Economic & Medicinal Plant Research, 6: 189.				
Antiherpetic 1-5 g/day					
Antihistaminic 2 g/day orl man					
Antihypertensive					
Antiinfertility 1 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antiinflammatory	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Antilepric 1.5 g/man/day	Martindale's 28th				
Antilithic 1,000-3,000 mg/day					
Antimaculitic					
Antimeasles	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				

ing/day					
Antimigraine	Martindale's 29th				
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.				
Antineuramidase					
Antinitrosic 1 g/man/day	Martindale's 28th				
Antiobesity 1 g 3x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antiorchitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antiosteopathic 1 g 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antiosteoporotic 500 mg/day					
Antioxidant 100 ppm					
Antiparkinsonian 1 g 2-3x/day					
Antiparotitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antiperiodontitic 1 g 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antipneumonic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Antipodriac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antipoliomyelic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antipyretic	Economic & Medicinal Plant Research, 6: 189.				
Antiradicular	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95				
Antiretinotic					
Antirheumatic					
Antirhinitic 1,000 mg 3x/day					
Antiscorbutic 10 mg/man/day	Martindale's 28th				
Antiseptic MIC=3.3-217 mg/ml	Martindale's 28th				
Antiseptic 4-8 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95				
Antishingles	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Antispasmodic 500-5,000 mg/day					
Antistress 500-1,000 mg					
Antisyndrome-X 1-4 g/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95				
Antitumor (Gastric)					
Antitumor (Lung)					
Antiulcer					
Antiviral 1-5 g/day					
Apoptotic 1-10 mM					
Asthma-preventive 1,000 mg/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Beta-Adrenergic Receptor Blocker					
Beta-Glucuronidase-Inhibitor 1.5 g/day/man					
Calcium-Antagonist					
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.				
Cardioprotective					
Cold-preventive 1-2 g/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Collagenic					
Detoxicant					
Diuretic 700 mg/man/orl					
Fistula-Preventive	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Hypocholesterolemic 300-1,000 mg/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Hypoglycemic	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95				
Hypotensive 1,000 mg/man/day					
Immunomodulator					
Immunostimulant	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95				
Interferonogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				
Lithogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Mucolytic 1 g/woman/day	Martindale's 28th				
Pesticide					
Uricosuric 4 g/man/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Urinary-Acidulant	Martindale's 29th				
Vasodilator					
Vulnerary	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).				

ASH	Fruit	3900.0	31525.0	-0.65	ACTA AGRIC SCAND SUPPL 22: 1980
ASPARAGINE	Fruit	180.0	850.0	-0.34	*

Antisickling	Ekeke, G.I. and Shode, F.O. 1988. Phenylalanine is the Predominant Antisickling Agent in Cajanus cajan Seed Extract. <i>Planta Medica</i> 56(1): 41, 1990.
Diuretic	HerbalGram No. 17.

ASPARTIC-ACID	Fruit	240.0	6206.0	-0.52	*
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#### Activities (3)

Antimorphinic	Martindale's 28th
Neuroexcitant	Martindale's 28th
Roborant	Merck 11th Edition

BEHENIC-ACID	Seed Oil	--	--	*
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#### Activities (1)

Cosmetic Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

BENZYL-ALCOHOL	Fruit	1.0	2.0	1.41	Lawrence, B.M., <i>Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980</i> .
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#### Activities (9)

Allergenic	Martindale's 29th
Anesthetic	Martindale's 28th
Antiodontalgic	Martindale's 28th
Antipruritic	
Antiseptic	Martindale's 29th
FLavor Fema 200-1,200	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Pesticide	
Sedative	Jim Duke's personal files.

BETA-APOCAROTENOL	Fruit	--	--	*
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BETA-CAROTENE	Fruit	1.0	44.0	-0.07	*
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#### Activities (53)

Allergenic	
Androgenic?	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
AntiPMS	
Antiacne	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiaging	
Antiarthritic	
Antiasthmatic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticancer	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code</i> . Hyperion, NY.
Anticarcinomic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticervicaldysplastic	
Anticorony 50 mg/man/2 days	
Antihyperkeratotic	
Antiichthythic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antileukoplakic	
Antilipoperoxidant IC71=50 ug/ml	
Antilupus 150 mg/man/day/2 mos	Martindale's 28th
Antimaculitic	
Antimastitic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antioxidant	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiozenic	
Antipapillomic	
Antiphotophobic 30-300 mg/man/day	Martindale's 29th
Antipyriasic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiporphrylic 30-300 mg/man/day	Martindale's 28th
Antiproliferant	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code</i> . Hyperion, NY.
Antipsoriac	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiradicular	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antirheumatic	
Antistress	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antitumor	Simon, P.W. Carrots and Other Horticultural Crops as a Source of Provitamin A Carotenes. <i>HortScience</i> , 25(12): 1495, 1990.
Antitumor (Breast) IC45=60 ug/ml	

Antitumor (Colon) IC43=45 ug/ml	
Antitumor (Lung) IC30=60 ug/ml	
Antitumor (Prostate)	
Antitumor (Stomach) IC26=45 ug/ml	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiulcer 12 mg 3x/day/man/orl	
Antiulcer 15,000-25,000 IU/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antixerophthalmic	
COX-1-Inhibitor IC78=50 ug/ml	
COX-2-Inhibitor IC82=50 ug/ml	
Cancer-Preventive 22 ppm	Jim Duke's personal files.
Chemopreventive	
Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Gastroprotective	
Immunostimulant 180 mg/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Interferon-Synergist	
Mucogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Phagocytotic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Prooxidant 20 ug/g	
Thymoprotective	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

BETA-CARYOPHYLLENE	Fruit	1.0	2.0	-0.51	*
BETA-CITRAURIN	Fruit	--	--		*
BETA-ELEMENE	Fruit	0.7	1.0	-0.57	*

#### Activities (5)

Anticancer (Cervix)	Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987.
Antigliomic	
Antiproliferant	
Antitumor (Cervix)	Medicinal and Poisonous Plants of the Tropics. Leeuwenberg, A.J.M., ed. Pudoc, Wageningen. 1987.
Apoptotic	

BETA-PINENE	Fruit	20.0	23.0	-0.3	*
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#### Activities (13)

Allergenic	
Antiinflammatory	
Antiseptic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antispasmodic	
Candidicide	
FLavor FEMA 15-600	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Herbicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Pesticide	
Spasmogenic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Transdermal	

BETA-SESQUIPELLANDRENE	Fruit	--	20.0	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
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#### Activities (5)

Antirhinoviral IC50=0.44 uM	Denyer, C.V., Jackson, P., Loakes, D.M., Ellis, M.R., and Yound, D.A.B. Isolation of Antirhinoviral Sesquiterpenes From Ginger ( <i>Zingiber officinale</i> ). Journal of Natural Products, 57(5): 658-662, 1994.
Antiulcer IC40=50 mg/kg	Yamahara, J., et al. Stomachic principles in ginger. II. Pungent and anti-ulcer effects of low polar constituents isolated from ginger, the dried rhizoma of... <i>Yakugaku Zasshi</i> 112: 645-655 (1992).
Expectorant	
Pesticide	
Stomachic	

BETA-SITOSTEROL	Pericarp	--	--	*
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#### Activities (47)

Angiogenic	
Anorexic	Martindale's 28th
Antiadenomic	Merck 11th Edition
Antiandrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antibacterial	Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.
Anticancer (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Anticancer (Cervix)	
Anticancer (Lung)	
Antiedemic IC54=320 mg/kg orl	
Antiestrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antifeedant	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Antifertility	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antigonadotrophic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antihyperlipoproteinaemic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antiinflammatory	
Antileukemic	
Antilymphomtic	
Antimutagenic 250 ug/ml	
Antiphidic 2.3 mg mus	Economic & Medicinal Plant Research, 5: 363.
Antioxidant IC44=10 uM	
Antiprogestational	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antiprostaglandin 30 mg/day/12 wks	Antiprostaglandin 30 mg/day/12 wks
Antiprostatadenomic	Merck 11th Edition
Antiprostatitic 10-20 mg 3 x/day/orl man	
Antipyretic	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.
Antitumor (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Antitumor (Cervix)	
Antitumor (Lung)	
Antiviral	Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in <i>Artemisia annua</i> . <i>Plant Science</i> , 75: 161-165, 1991.
Apoptotic	
Artemicide LC50=110 ppm	Jung, J.H., Pummangura, S., Chaichantipyuth, C., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of <i>Melodorum fruticosum</i> . <i>Phytochemistry</i> , 29(5): 1667-1670. 1990.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.
Caspase-8-Inducer	
Estrogenic	
Febrifuge	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.
Gonadotrophic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Hepatoprotective	
Hypocholesterolemic 2-6 g/man/day/orl	Martindale's 30th
Hypocholesterolemic 9-3,330 mg/man/day/orl	Martindale's 28th
Hypoglycemic	Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. <i>Journal of Ethnopharmacology</i> , 27: 243-275, 1989.
Hypolipidemic 2-6 g/day	
Pesticide	
Spermicide	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Ubiquiot	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Ulcerogenic 500 mg/kg ipr rat	

#### BETA-SITOSTEROL

Root -- -- \*

#### Activities (47)

Androgenic	
Angiogenic	
Anorexic	Martindale's 28th
Antiadenomic	Merck 11th Edition
Antiandrogenic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antibacterial	Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.
Anticancer (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Anticancer (Cervix)	
Anticancer (Lung)	
Antiedemic IC54=320 mg/kg orl	

Antifeedant	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Antifertility	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antigonadotrophic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antihyperlipoproteinaemic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antiinflammatory	
Antileukemic	
Antilymphomeric	
Antimutagenic 250 ug/ml	
Antiophidic 2.3 mg mus	Economic & Medicinal Plant Research, 5: 363.
Antioxidant IC44=10 uM	
Antiprogestational	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Antiprostaglandin 30 mg/day/12 wks	
Antiprostatadenomic	Merck 11th Edition
Antiprostatic 10-20 mg 3 x/day/orl man	
Antipyretic	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.
Antitumor (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Antitumor (Cervix)	
Antitumor (Lung)	
Antiviral	Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in <i>Artemisia annua</i> . <i>Plant Science</i> , 75: 161-165, 1991.
Apoptotic	
Artemicide LC50=110 ppm	Jung, J.H., Pummangura, S., Chaichantipyuth, C., Patarapanich, C., and McLaughlin, J.L. 1989. Bioactive Constituents of <i>Melodorum fruticosum</i> . <i>Phytochemistry</i> , 29(5): 1667-1670. 1990.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	Recently became Internat. J. Crude Drug Res. 28(1,2,3,4):1990, page 155.
Caspase-8-Inducer	
Estrogenic	
Febrifuge	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.
Gonadotrophic	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Hepatoprotective	
Hypocholesterolemic 2-6 g/man/day/orl	Martindale's 30th
Hypocholesterolemic 9-3,330 mg/man/day/orl	Martindale's 28th
Hypoglycemic	Ivorra, M.D., Paya, M., and Villar, A. 1989. A Review of Natural Products and Plants as Potential Antidiabetic Drugs. <i>Journal of Ethnopharmacology</i> , 27: 243-275, 1989.
Hypolipidemic 2-6 g/day	
Pesticide	
Spermicide	Malini, T. and Vanithakumari, G. 1989. Rat Toxicity Studies With B-Sitosterol. <i>Journal of Ethnopharmacology</i> , 28: 221-234, 1990.
Ubiquot	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Ulcerogenic 500 mg/kg ipr rat	

BETA-TERPINEOL	Fruit	--	40.0	-1.0	Lawrence, B.M., <i>Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980</i> .
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#### Activities (3)

Insectifuge	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents</i> , CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Perfumery	Aloe Research Council - Duke write up of non-peer reviewd book by Coats and draft by Henry
Pesticide	

#### BORON

BORON	Fruit	1.0	14.0	-0.52	*
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#### Activities (4)

Androgenic 3 mg/man/day	
Antiosteоarthritic	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiosteoporotic 3 mg/man/day	
Estrogenic 3 mg/man/day	

#### BRAYLIN

BRAYLIN	Root	--	--	*
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#### BROMINE

BROMINE	Fruit	--	1.0	-0.43	ACTA AGRIC SCAND SUPPL 22: 1980
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#### CADMIUM

CADMIUM	Fruit	--	0.02	-0.58	ACTA AGRIC SCAND SUPPL 22: 1980
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#### Activities (3)

Hypertensive	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Lithogenic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Nephrotoxic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).

CALAMIN	Plant	--	--	J.S. Glasby Dict.Pls Containing 2ndary Metabolite. 1991.		
CALCIUM	Fruit	140.0	3077.0	-0.18	*	
<b>Activities (28)</b>						
AntiPMS 1 g/day						
Antiallergic 500 mg/day						
Antianxiety				Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.		
Antiarrhythmic 500-1,500 mg						
Antiarthritic 1,000 mg/day						
Antiatherosclerotic 500 mg/day				Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.		
Anticlimacteric 1,000-1,500 mg/day						
Antidepressant				Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.		
Antidote (Aluminum)				Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.		
Antidote (Lead)				Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.		
Antihyperkinetic				Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.		
Antihypertensive				Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.		
Antiinsomniac				Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.		
Antimenopausal 1,000-1,500 mg/day						
Antiobesity						
Antosteoporotic 500-2,000 mg/day						
Antiperiodontic 750 mg/day				Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.		
Antirheumatic 1,000 mg/day						
Antistress 500-1,500 mg/day						
Antitic				Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.		
Anxiolytic 500-1,500 mg/day						
Calcium-Channel-Blocker						
Diuretic						
Hypocholesterolemic 500 mg/day				Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.		
Hypotensive 1 g/day				Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.		
Laxative 1,000-1,200 mg						
Tranquilizer 500-1,500 mg/day						
Vasodilator						
CAMPESTEROL	Root	--	--	*		
<b>Activities (2)</b>						
Antioxidant IC37=10 $\mu$ M						
Hypocholesterolemic				Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.		
CAMPESTEROL	Pericarp	--	--	*		
<b>Activities (2)</b>						
Antioxidant IC37=10 $\mu$ M						
Hypocholesterolemic				Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.		
CAMPHENENE	Fruit	1.0	40.0	-0.34	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.	
<b>Activities (9)</b>						
Allelopathic				Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.		
Antilitthic?				Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.		
Antioxidant				Jim Duke's personal files.		
Expectorant				Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.		
FLavor FEMA 15-175				Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry		
Hypocholesterolemic?				Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.		
Insectifuge				Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.		
Pesticide						
Spasmogenic				Fitoterapia No.59-1984.		
CARBOHYDRATES	Fruit	102000.0	901914.0	0.64	*	
CARVONE	Fruit	--	3.0	-0.5	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.	
<b>Activities (19)</b>						

Antiacetylcholinesterase	
IC50=1.4-1.8 mM	
Antiproliferative	
Antiseptic 1.5 x phenol	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
CNS-Stimulant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidstat	
Carminative	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. <i>J. Pharm. Pharmacol.</i> 46: 14-18, 1994.
FLavor FEMA 80-3,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungistat	
Insecticide	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Motor-Depressant	Buchbauer et al, e.g.Buchbauer et al,1993.The therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	
Sedative	Buchbauer et al, e.g.Buchbauer et al,1993.The therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Trichomonicide	
LD100=300 ug/ml	
Vermicide	

CARYOPHYLLENE	Fruit	2.0	9.0	-0.4	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
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### Activities (31)

Aldose-Reductase-Inhibitor	
Allergenic	
Analgesic	Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.
Antiacne	
Antiasthmatic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antibacterial	
Anticariogenic MIC=>1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. <i>J. Agric. Food Chem.</i> 41: 1102-1105.
Antidermatitic	
Antiedemic	Shimizu,*M., et al. 1990. Anti-inflammatory Constituents of Topically Applied Crude Drugs. IV.1) Constituents and Anti-inflammatory Effect of Paraguayan Crude Drug 'Alhucema' ( <i>Lavandula latifolia</i> Vill.)2). <i>Chem. Pharm. Bull.</i> 38(8): 2283-2284, 1990.
Antifeedant 500 ppm	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Antiinflammatory IC50=100 uM	Shimizu,*M., et al. 1990. Anti-inflammatory Constituents of Topically Applied Crude Drugs. IV.1) Constituents and Anti-inflammatory Effect of Paraguayan Crude Drug 'Alhucema' ( <i>Lavandula latifolia</i> Vill.)2). <i>Chem. Pharm. Bull.</i> 38(8): 2283-2284, 1990.
Antileishmanic	
Antionychyotic	Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.
Antiproliferant	
Antispasmodic	
Antistaphylococcic	
Antistreptococcic	
Antitumor	Zheng, G-Q., Kenney, P.M., and Lam, L.K.T. Sesquiterpenes From Clove ( <i>Eugenia caryophyllata</i> ) As Potential Anticarcinogenic Agents. <i>Journal of Natural Products</i> 55(7): 999-1003, 1992.
Antiulcer	Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.
Candidicide	
FLavor FEMA 20-200	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	
Gastroprotective	Taylor, Leslie. 2005. The Healing Power of Rainforest Herbs. SquareOne Publisher, Garden City Park, NY. 519 pp.
Insectifuge	
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Larvicide	
Mosquitocide	
Perfumery	Merck 11th Edition
Pesticide	
Sedative	
Termitifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.

CHLORINE	Fruit	--	24.0	-0.69	*
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### Activities (7)

Antibacterial	Martindale's 29th
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Antiseptic	Martindale's 29th
Antiviral	Martindale's 29th
Candidicide	Martindale's 29th
Fungicide	Martindale's 29th
Pesticide	Martindale's 29th

CHOLESTEROL	Root	--	--	*
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#### Activities (1)

Antioxidant IC43=10 uM

CHOLESTEROL	Pericarp	--	--	*
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#### Activities (1)

Antioxidant IC43=10 uM

CHROMIUM	Fruit	0.01	0.08	-0.5	ACTA AGRIC SCAND SUPPL 22: 1980
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#### Activities (24)

Amphiglycemic?	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
AntiAGE 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
AntiCFS 200 ug	
Antiacne	
Antiaging 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiatherosclerotic 20 ug/day	
Anticorneotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidiabetic 200-1,000 ug	
Antidote (Lead)	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antifatigue 200 ug	
Antiglycosuric 200-1,000 ug	
Antiobesity 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antisyndrome-X 200-800 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitriglyceride 20 ug/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antitriglyceride 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Cardioprotective	
Energizer	
Hypocholesterolemic 20 ug/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Hypocholesterolemic 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Hypoglycemic 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Hypotensive 200-1,000 ug	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Immunomodulator	
Insulinogenic	
Memorigenic	

CIRSIMARITIN	Pericarp	--	1.4	*
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#### Activities (9)

Aldose-Reductase-Inhibitor 10 uM	Okuda, I., Muwa, B., Inagakat, K., Horie, T., Nakayama, M. 1982. Inhibition of Aldose Reductases from Rat and Bovine Lenses by Flavonoids. Biochem Pharmacol, 31(23): 3807-3822.
Aldose-Reductase-Inhibitor IC50=1.6 ug/ml cow	Okada,Y,et al.1995.Search for Naturally Occurring Substances to Prevent the Complications of Diabetes.II.Inhibitory Effect of Coumarin and Flavonoid Derivatives on Bovine Lens Aldose Reductase and Rabbit Platelet Aggregation.Chem Pharm Bull43(8):1385-1387
Antibacterial	Recio, M. C., Rios, J. L., and Villar, A. A review of some antimicrobial compounds isolated from medicinal plants reported in the literature 1978-1988, Phytotherapy Research, 3(4), 1989, 117-125.
Antiinflammatory IC~50=1,000 uM	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
COX-1-Inhibitor IC50=1,000 uM	
COX-2-Inhibitor IC>50=1,000 uM	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Pesticide	

CIS-3-HEXENOL	Fruit	--	1.0	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.	
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#### Activities (1)

FLavor FEMA 1-5 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

CIS-CARVEOL	Fruit	1.0	4.0	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.	
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#### CIS-SABINENE-HYDRATE

CIS-SABINENE-HYDRATE	Fruit	--	0.1	-0.71	*
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#### CITRIC-ACID

CITRIC-ACID	Fruit	8600.0	12200.0	-0.45	*
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#### Activities (23)

Allergenic

Alpha-Amylase-Inhibitor

Antiaphthic 20,000 ppm Martindale's 28th

Antiatherosclerotic

Antibacterial

Anticalculic

Anticoagulant Merck 11th Edition

Antileishmanic

Antimutagenic Economic & Medicinal Plant Research, 6: 235.

Antioxidant Synergist Merck 11th Edition

Antiseborrheic

Antiseptic Martindale's 29th

Antitubercular

Antitumor Economic & Medicinal Plant Research, 6: 235.

Disinfectant Martindale's 29th

FLavor FEMA 370-4,400 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Hemostat

Irritant Zbovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.

Laxative? Lawrence Review of Natural Products, Sep-91.

Litholytic Martindale's 29th

Mycobactericide

Odontolytic Zbovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.

Refrigerant Martindale's 28th

CITRONELLAL	Fruit	4.0	5.0	-1.0	*
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#### Activities (20)

Acaricide

Allergenic

Antibacterial

Antiseptic 3.8 x phenol Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)

Antistaphylococcic

Antistreptococcic

Candidicide

Embryotoxic

FLavor FEMA <1 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Fungicide

Insectifuge Merck 11th Edition

Irritant Zbovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.

Motor-Depressant Buchbauer et al, e.g.Buchbauer et al.1993.Therapeutic properties of essential oils and fragrances. Chap.12 in Teranishi,R, Butterly,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC

Mutagenic?

Nematicide MIC 1 mg/ml Shoyakugaku Zasshi, 44: 183.

P450-2B1-Inhibitor IC50=1.56 uM

Perfumery

Pesticide

Sedative ED=1 mg/kg Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)

Teratogenic

CITRONELLOL	Fruit	0.4	0.8	-0.52	*
<b>Activities (15)</b>					
Allergenic					
Antibacterial					
Antiseptic					
Antistaphylococcal					
Antistreptococcal					
Candidicide					
FLavor FEMA 1-50	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry				
Fungicide	HerbalGram No. 17.				
Herbicide IC50=160 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.				
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.				
Nematicide MLC=100 ug/ml	Shoyakugaku Zasshi, 44: 183.				
Perfumery	Merck 11th Edition				
Pesticide					
Sedative	Wagner & Wolff, eds. 1977. New Natural Products (RS164, I56, 176)				
Trichomonicide LD100=300 ug/ml					
CITRONELLYL-ACETATE	Fruit	0.7	1.0	1.0	*
<b>Activities (2)</b>					
FLavor FEMA <1-700	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry				
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.				
COBALT	Fruit	--	0.005	-0.53	ACTA AGRIC SCAND SUPPL 22: 1980
<b>Activities (2)</b>					
Cardiomyopathogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Erythrocytogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
COPPER	Fruit	--	4.8	-0.62	*
<b>Activities (12)</b>					
Antianemic					
Antiarthritic					
Antidiabetic 2-4 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antifatigue					
Antiinflammatory	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antinociceptive	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Antosteoporotic					
Cardioprotective					
Contraceptive	Martindale's 28th				
Hypocholesterolemic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
Immunomodulator					
Schizophrenogenic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.				
CYCLOCALAMIN	Plant	--	--	J.S. Glasby Dict.Pls Containing 2ndary Metabolite. 1991.	
CYSTINE	Fruit	70.0	564.0	-0.49	USDA's Ag Handbook 8 and sequelae)
<b>Activities (2)</b>					
Adjuvant				Merck 11th Edition	
Antihomocystinuric				Martindale's 29th	
DEACETYL-NOMILIN	Seed	--	--	*	
DEACETYL-NOMILIN-17-O-BETA-D-GLUCOSIDE	Seed	--	--	*	
DEACETYL-NOMILINIC-ACID-17-O-BETA-D-GLUCOSIDE	Seed	--	--	*	
DECANAL	Fruit	8.0	9.0	-0.82	*

**Activities (3)**

FLavor FEMA <1-1      Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry  
 Nematicide      Shoyakugaku Zasshi, 45: 270.  
 Pesticide

DECANOL      Fruit      --      4.0      -1.0      Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

**Activities (2)**

Nematicide MLC 100-700 ug/ml      Shoyakugaku Zasshi, 44: 183.  
 Pesticide

DECYL-ACETATE      Fruit      1.0      5.0      -1.0      Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

**Activities (1)**

FLavor FEMA <1-1      Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

DELTA-3-CARENE      Fruit      --      5.0      -0.6      \*

**Activities (8)**

Allergenic?  
 Antibacterial      Revista Italiana Eppos, 12: 5, 1994.  
 Antiinflammatory ipr      Internat. J. Oriental Med. 15(4): 194, 1990+  
 Dermatitogenic  
 FLavor FEMA      Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry  
 Insectifuge      Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.  
 Irritant  
 Pesticide

DELTA-CADINENE      Fruit      --      20.0      -0.46      Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

**Activities (9)**

Aldose-Reductase-Inhibitor  
 Antiacne  
 Antibacterial MIC800 ug/ml      Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.  
 Anticariogenic MIC800 ug/ml      Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.  
 Antistreptococcic  
 Cytochrome-P450-Inducer  
 P450-Inducer  
 Pesticide  
 Testosterone-Inducer

DELTA-ELEMENE      Fruit      6.0      10.0      Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

DIMETHYL-ANTHRALINATE      Fruit      --      90.0      Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

DIOSMIN      Leaf      --      --      \*

**Activities (34)**

AntiCVI  
 Anticancer  
 Anticapillary-Fragility 300 mg/2x/day/woman      Martindale's 28th  
 Anticarcinogenic  
 Anticlastogen  
 Anticytotoxic  
 Antiedemic 600 mg/kg rat      Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.  
 Antiedemic 50-200 mg/kg/day  
 Antihemorrhoidal 450 mg 2x/day x7days then 1x/day x2months  
 Antihistaminic      Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.

Antileukotriene	
Antimelanomic	
Antimetastatic	
Antimetrorrhagic	Fitoterapia No.55-1984.
Antioxidant	
Antiperoxidant	
Antiproliferant	
Antiprostaglandin	
Antiradicular	
Antithromboxane	
Antiulcer	
COMT-Inhibitor 200-400 mg/kg ip	
Chemopreventive	
Cyclooxygenase-Inhibitor	
Cytoprotective	
Diuretic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Hypoglycemic	
Lipoxygenase-Inhibitor	
MDR-Inhibitor 100 uM	Critchfield, J. W., Welsh, C. J., Phang, J. M., Yeh, G. C. 1994. Modulation of Adriamycin Accumulation and Efflux by Flavonoids in HCT-15 Colon Cells. Activation of P-Glycoprotein as a Putative Mechanism. Biochem Pharmacol, 48(7): 1437-1445.
P450-Inhibitor	
Radioprotective	
Venoprotective	
Venotonic	

DODECANAL	Fruit	1.0	15.0	0.37	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
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#### Activities (2)

FLavor FEMA 1-100	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Irritant	Zebowitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.

DODECANOIC-ACID	Fruit	--	1.0	1.0	*
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#### Activities (1)

FLavor FEMA 2-40	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
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DODECANOL	Fruit	--	1.0		Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
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#### Activities (1)

FLavor FEMA 1-30	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
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EO	Fruit	7500.0	10000.0	-0.63	Guenther, E., The Essential Oils, 6 volumes, D. van Nostrand, New York, 1948-1952.
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ETHANOL	Fruit	--	183.0	-1.0	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
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#### Activities (24)

Allergenic	
Anesthetic 4,000 orl cat	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Anesthetic 6,000 orl rat	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Anhydrotic	Martindale's 29th
Antiatherosclerotic	
Antibacterial	Martindale's 28th
Antipruritic	Martindale's 28th
Antiseptic	Merck 11th Edition
CNS-Depressant	Martindale's 28th
Expectorant	Schulz, V., Hansel, R and Tyler, VE. 1998. Rational Phytotherapy - A Physician's Guide to Herbal Medicine. 3rd ed. 1st English Edition. Translated by Terry C. Telger. Springer Verlag, Heidelberg. 306 pp.
Hepatotoxic	Martindale's 29th
Hypertensive >1 drink/day	
Hypnotic Antidote=Naloxone	Martindale's 29th
Hypocalcemic 4,000 orl rat	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.

Mucotropic	Schulz, V., Hansel, R and Tyler, VE. 1998. Rational Phytotherapy - A Physician's Guide to Herbal Medicine. 3rd ed. 1st English Edition. Translated by Terry C. Telger. Springer Verlag, Heidelberg. 306 pp.
Neurolytic	Merck 11th Edition
Pesticide	
Rubefacient	Martindale's 29th
Sclerosant	Martindale's 29th
Surfactant	Schulz, V., Hansel, R and Tyler, VE. 1998. Rational Phytotherapy - A Physician's Guide to Herbal Medicine. 3rd ed. 1st English Edition. Translated by Terry C. Telger. Springer Verlag, Heidelberg. 306 pp.
Teratogenic 6,000 orl dog	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Tremorilytic	Martindale's 28th
Ulcerogenic 5 ml/kg (50%) orl rat	

EUPATILIN	Fruit	--	--	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
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#### Activities (2)

Aldose-Reductase-Inhibitor IC50=25 uM rat (weak activity)	Yoshikawa, M., et al. 1999. Medicinal Flowers. I. Aldose Reductase Inhibitors and Three New Eudesmane-Type Sesquiterpenes, Kikanols A, B, and C, From the Flowers of Chrysanthemum indicum L. <i>Chem Pharm Bull</i> , 47(3): 340-345.
Lipoxygenase-Inhibitor	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

EUPATORIN	Pericarp	--	3.5	*
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#### Activities (8)

Antibacterial	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Anticarcinomic ED50=4.6	Biosyn. Prod. Cancer Chemotherapy (Petit et al)
Antimalarial IC50=65 uM	
Cytotoxic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Emetic	
Immunostimulant	
Parasiticide IC50=65 uM	
Plasmodicide IC50=65 uM	

FARNESENE	Fruit	1.0	2.0	1.0	*
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#### Activities (2)

Pesticide	
Pheromone	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

FAT	Fruit	1900.0	22000.0	-0.47	*
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FERULIC-ACID	Pericarp	--	--	*
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#### Activities (61)

Allelopathic	Holappa, L.D., and Blum*, U. 1991. Effects of Exogenously Applied Ferulic Acid, a Potential Allelopathic Compound, on Leaf Growth, Water Utilization, and Endogenous Abscisic Acid Levels of Tomato, Cucumber, and Bean. <i>J. of Chemical Ecology</i> , 17(5): 865.
Analgesic	Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 69.
Antiaggregant	Ozaki, Y. and Ma, J-P. 1989. Inhibitory Effects of Tetramethylpyrazine and Ferulic Acid on Spontaneous Movement of Rat Uterus in Situ. <i>Chem. Pharm. Bull.</i> 38(6): 1620-1623, 1990.
Antiallergic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antiarrhythmic	
Antibacterial	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Anticancer (Colon)	
Anticancer (Fore stomach)	
Anticancer (Liver)	
Anticancer (Skin)	
Anticarcinogenic	
Antidysmenorrheic	
Antiestrogenic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antihepatotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiherapeutic	
Antiinflammatory	Hagerman, A.E. Tannin-Protein Interactions. Phenolic Compounds in Food and Their Effects on Health, Ch.19.
Antileukemic IC50=25-	Chiana, L. C., Chiana, W., Chana, M. Y., Na, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. <i>Am J Chin Med.</i>

Antimitotic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Antimutagenic	Ki Soon Rhee. <i>Oilseed Food Ingredients Used To Minimize Oxidative Flavor Deterioration in Meat Products. Phenolic Compounds in Food and Their Effects on Health,</i> Ch.18.
Antineoplastic (Stomach)	
Antinitrosaminic	Ki Soon Rhee. <i>Oilseed Food Ingredients Used To Minimize Oxidative Flavor Deterioration in Meat Products. Phenolic Compounds in Food and Their Effects on Health,</i> Ch.18.
Antioxidant 3,000 uM	
Antioxidant IC51=200 ppm	
Antioxidant 1/3 quercetin	
Antioxidant 1/2 BHA	
Antioxidant EC50=9-15 ug/ml	
Antiradicular EC50=9-15 ug/ml	
Antiradicular IC50=116-124 uM	
Antiserotonin	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Antispasmodic	Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients</i> 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antithrombic	Leung, A. Y. and Foster, S. 1995. <i>Encyclopedia of Common Natural Ingredients</i> 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antitumor	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Antitumor (Colon)	
Antitumor (Forestomach)	
Antitumor (Liver)	
Antitumor (Skin)	
Antitumor-Promoter IC46=10 uM	Cancer Research, 48: 5941.
Antiviral	Vlietinck, A.J. and Dommisse, R.A. eds. 1985. <i>Advances in Medicinal Plant Research.</i> Wiss. Verlag. Stuttgart.
Arteriodilator	Ozaki, Y. and Ma, J-P. 1989. Inhibitory Effects of Tetramethylpyrazine and Ferulic Acid on Spontaneous Movement of Rat Uterus in Situ. Chem. Pharm. Bull. 38(6): 1620-1623, 1990.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Cardiac	Ozaki, Y. and Ma, J-P. 1989. Inhibitory Effects of Tetramethylpyrazine and Ferulic Acid on Spontaneous Movement of Rat Uterus in Situ. Chem. Pharm. Bull. 38(6): 1620-1623, 1990.
Cholagogue	Pharmazie, 46: 156, 1991.
Choleretic	Williamson, E. M. and Evans, F. J. <i>Potter's New Cyclopaedia of Botanical Drugs and Preparations</i> , Revised Ed., Saffron Walden, the C. W. Daniel Co., Essex UK, 362 pp, 1988, reprint 1989.
Fungicide	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture.</i> Plenum Press, New York. 445 pp.
Hepatoprotective	Mills, Simon and Bone, Kerry. 2000. <i>Phytotherapy.</i> Churchill Livingston, Edinburgh.
Hepatotropic	
Herbicide	
Hydrocholerectic	Angewandte Botanik 68(5/6)=1994. Page 195.
Hypolipidemic	
Immunostimulant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Insectifuge	Economic & Medicinal Plant Research, 1: 124.
Metal-Chelator	Tunon, H., Thorsell, W., and Bohlin, L. 1993. Mosquito Repelling Activity of Compounds Occurring in Achillea millefolium L. (Asteraceae). Economic Botany 48(2): 111-120, 1994.
Ornithine-Decarboxylase-Inhibitor	McEvily, A.J., Iyengar, R., and Gross, A.T. Inhibition of Polyphenol Oxidase by Phenolic Compounds. <i>Phenolic Compounds in Food and Their Effects on Health,</i> Ch.25.
Pesticide	Hagerman, A.E. Tannin-Protein Interactions. <i>Phenolic Compounds in Food and Their Effects on Health,</i> Ch.19.
Phagocytotic	
Preservative	Merck 11th Edition
Prostaglandigenic	
Prostaglandin-Synthesis-Inhibitor 0.58-3.2 mM	Xu, L. N., Yu, W. G., Tian, J. Y., Liu, Q. Y. 1990. Effect of Sodium Ferulate on Arachidonic Acid Metabolism. Yao Hsueh Hsueh Pao, 25(6): 412-416.
Sunscreen	Chemical Marketing Reporter; a weekly tabloid, 9/10/92.
Uterosedative 30-100 mg/kg ivn rat	Ozaki, Y. and Ma, J-P. 1989. Inhibitory Effects of Tetramethylpyrazine and Ferulic Acid on Spontaneous Movement of Rat Uterus in Situ. Chem. Pharm. Bull. 38(6): 1620-1623, 1990.

#### FERULOYL-PUTRESCINE

Fruit -- -- -1.0 \*

#### FIBER

Fruit 1890.0 43000.0 -0.93 \*

#### Activities (15)

Angiotensin-Receptor-Blocker	
Antidiabetic	
Antihypertensive	
Antiobesity	
Antitumor	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).

Beta-Blocker	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Diuretic	
Hypocholesterolemic	
Hypotensive 10 g/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Hypouricemic	
Laxative	
Vasodilator	

FLUORINE	Fruit	0.1	0.76	-0.59	ACTA AGRIC SCAND SUPPL 22: 1980
FOLACIN	Fruit	--	2.0	-0.02	USDA's Ag Handbook 8 and sequelae)

#### Activities (15)

AntiSpina-Bifida	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antianemic 5-20 mg/man/day	
Anticervicaldysplastic 8-30 mg/wmn/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Anticheilitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidepressant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antigingivitic 2-5 mg/day/man	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiglossitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antimyelotoxic 5 mg/day/orl/man	Martindale's 29th
Antineuropathic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiperiodontic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiplaque	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antipsychotic	Martindale's 29th
Hematopoietic	Merck 11th Edition
Uricosuric	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Xanthine-Oxidase-Inhibitor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

GAMMA-AMINOBUTYRIC-ACID	Fruit	--	180.0	-0.69	*
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#### Activities (22)

Analeptic	
Anticephalagic	
Anticerebrotic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antichoreic 1-32 g/man/day	Martindale's 29th
Anticonvulsant 4,120 mg/kg ipr mus	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Antihypertensive 1,000-4,000 mg/mán/day	
Antiinsomnic	
Antilethargic	
Antistress	
Antitinnititic	
Anxiolytic	
CNS-Inhibitor 0.1 mg/kg ivn cat	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
CNS-Inhibitor 100 mg/kg ivn dog	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
CNS-Inhibitor 2,500 mg/kg scu mus	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Cardiovascular 208 ivn dog	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Diuretic 1,500-4,000 mg/man/day	
Hypotensive 1,000-4,000 mg/day	
Neuroinhibitor	
Neurotoxic to birds	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Neurotransmitter	
Sedative	
Tranquilizer	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.

GAMMA-CADANINE	Fruit	--	2.0	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
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GAMMA-ELEMENE	Fruit	15.0	20.0	-0.68	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
GAMMA-SELINENE	Fruit	--	1.0	-1.0	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
GAMMA-TERPINENE	Fruit	23.0	25.0	-0.65	*

#### Activities (11)

ACE-Inhibitor 100 ug/ml  
(weak activity)

Acaricide

Aldose-Reductase-Inhibitor 100 ug/ml Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpene from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.

Antiacetylcholinesterase IC23=1.2 mM

Antifeedant Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.

Antioxidant Jim Duke's personal files.

FLavor FEMA 1-40 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Insectifuge Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.

Irritant Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.

Perfumery Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Pesticide

#### GAMMA-TERPINENE

Leaf -- 201500.0 1.91 \*

#### Activities (11)

ACE-Inhibitor 100 ug/ml  
(weak activity)

Acaricide

Aldose-Reductase-Inhibitor 100 ug/ml Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpene from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.

Antiacetylcholinesterase IC23=1.2 mM

Antifeedant Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.

Antioxidant Jim Duke's personal files.

FLavor FEMA 1-40 Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Insectifuge Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.

Irritant Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.

Perfumery Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Pesticide

#### GARDENIN-B

Pericarp -- -- \*

#### GERANIAL

Fruit 5.0 6.0 -1.0 \*

#### Activities (13)

AntiEBV IC50=16 uM

Antiaflatoxin

Antibacterial Onawunmi, G.O., Yisak, W-A., Ogunlana,\* E.O. 1984. Antibacterial Constituents In The Essential Oil Of Cymbopogon citratus (DC.) Stapf. Journal of Ethnopharmacology, 12: 279-286, 1984.

Antitumor (Colon)

Antitumor (Skin)

Antiviral IC50=16 uM

Antyeast

Chemopreventive

Estrogenic

Fungicide

Glutathionigenic

Pesticide

Spasmolytic

#### GERANIOL

Essential -- -- \*

#### Activities (35)

Anthelmintic	Madaus, G. 1976. Lehrbuch der Biologischen Hilfsmittel. Vol., 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.
Antibacterial MIC=400 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Antibacterial MIC=64 ug/ml	
Antibacterial MBC=800 ug/ml	
Anticancer (Pancreas) IC50=265 uM	
Anticariogenic MIC=400 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Antimelanomic IC50=150 uM/l	
Antisalmonella MIC=400 ug/ml	
Antiseptic 7 x phenol	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Antiseptic MIC=64 ug/ml	
Antiseptic 400-800 ug/ml	
Antispasmodic	Buchbauer, G., Jirovetz*, L., Nikiforov, A., Remberg, G., Raverdin, V. 1989. Headspace-Analysis and Aroma Compounds of Austrian Hay-Blossoms (Flores Graminis, Graminis Flos) used in Aromatherapy. J. Ess. Oil Res., 2: 185-191, 1990.
Antitubercular MIC=64 ug/ml	
Antitumor	Yu, S.G., Anderson, P.J., and Elson, C.E. 1995. Efficacy of B-Ionone in the Chemoprevention of Rat Mammary Carcinogenesis. J. Agric. Food Chem. 43: 2144-2147.
Antitumor (Pancreas) IC50=265 uM	
Ascaricide	Madaus, G. 1976. Lehrbuch der Biologischen Hilfsmittel. Vol., 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.
CNS-Stimulant	List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	
Embryotoxic	
Emetic 3 x ipecac	Lawrence Review of Natural Products, Sep-97.
Expectorant	Madaus, G. 1976. Lehrbuch der Biologischen Hilfsmittel. Vol., 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.
FLavor FEMA 1-10	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide IC93=2 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v.4, Oryx Press, Phoenix, 1989, 267pp.
Herbicide IC100-2,000 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge 50 ppm	
Insectiphile	Merck 11th Edition
Mycobactericide MIC=64 ug/ml	
Nematicide IC86=100 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Nematicide MLC=1,000 ug/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Merck 11th Edition
Pesticide	
Sedative	
Trichomonicide LD100=300 ug/ml	

GERANIOL

Fruit -- 0.1 -0.61

### Activities (35)

Allergenic	
Anthelmintic	Madaus, G. 1976. Lehrbuch der Biologischen Hilfsmittel. Vol., 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.
Antibacterial MIC=400 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Antibacterial MIC=64 ug/ml	
Antibacterial MBC=800 ug/ml	
Anticancer (Pancreas) IC50=265 uM	
Anticariogenic MIC=400 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Antimelanomic IC50=150 uM/l	
Antisalmonella MIC=400 ug/ml	
Antiseptic 7 x phenol	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Antiseptic MIC=64 ug/ml	
Antiseptic 400-800 ug/ml	
Antispasmodic	Buchbauer, G., Jirovetz*, L., Nikiforov, A., Remberg, G., Raverdin, V. 1989. Headspace-Analys and Aroma Compounds of Austrian Hay-Blossoms (Flores Graminis, Graminis Flos) used in Aromatherapy. J Ess. Oil Res. 2: 185-191. 1990.

MIC=64 ug/ml	
Antitumor	Yu, S.G., Anderson, P.J., and Elson, C.E. 1995. Efficacy of B-Ionone in the Chemoprevention of Rat Mammary Carcinogenesis. <i>J. Agric. Food Chem.</i> 43: 2144-2147.
Antitumor (Pancreas) IC50=265 uM	
Ascaricide	Madaus, G. 1976. <i>Lehrbuch der Biologischen Hilfsmittel</i> . Vol. 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.
CNS-Stimulant	List, P.H. and Horhammer, L., <i>Hager's Handbuch der Pharmazeutischen Praxis</i> , Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidicide	
Embryotoxic	
Emetic 3 x ipecac	Lawrence Review of Natural Products, Sep-97.
Expectorant	Madaus, G. 1976. <i>Lehrbuch der Biologischen Hilfsmittel</i> . Vol. 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.
FLavor FEMA 1-10	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide IC93=2 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, <i>Herbs, Spices &amp; Medicinal Plants: Recent Advances in Botany, Horticulture, &amp; Pharmacology</i> , v. 4, Oryx Press, Phoenix, 1989, 267pp.
Herbicide IC100-2,000 uM	Keeler, R.F. and Tu, A.T. eds. 1991. <i>Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6)</i> Marcel Dekker, Inc. NY. 665 pp.
Insectifuge 50 ppm	
Insectiphile	Merck 11th Edition
Mycobactericide MIC=64 ug/ml	
Nematicide IC86=100 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp.
Nematicide MLC=1,000 ug/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Merck 11th Edition
Pesticide	
Sedative	
Trichomonicide LD100=300 ug/ml	

GERANYL-ACETATE                      Fruit        0.7        1.0        -0.94        \*

#### Activities (5)

Allergenic	
FLavor FEMA 1-20	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Insectiphile	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Sedative	Jim Duke's personal files.

GERANYL-OXY-PYRANOCOUMARIN              Root        --        --        \*

GIBBERELLIC-ACID                      Fruit        --        --        \*

GLUTAMIC-ACID                      Fruit        160.0        5158.0        -0.63        Lawrence, B.M., *Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980*.

#### Activities (8)

Antialkali? 500-1,000 mg/day/orl/man	Martindale's 29th
Antiepileptic	
Antihyperammonemic	Martindale's 29th
Antilithic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiprostatic 125-250 mg 3 x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiretardation	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Anxiolytic	Merck 11th Edition
Neurotoxic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.

GLYCINE                              Fruit        20.0        5158.0        0.6        \*

#### Activities (12)

Antiacid	Martindale's 29th
Antialdosteronic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antidote (Hypoglycin-A)	Martindale's 29th
Antiencephalopathic	Martindale's 29th
Antigastritic	Martindale's 29th
Antiprostatic 125-250 mg 3 x/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antipruritic	Merck 11th Edition
Antisickling	Ekeke, G.I. and Shode, F.O. 1988. Phenylalanine is the Predominant Antisickling Agent in <i>Cajanus cajan</i> Seed Extract. <i>Planta Medica</i> 56(1): 41, 1990.
Antiulcer	Martindale's 29th

Neuroinhibitor	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.				
Uricosuric					
HEPTANOIC-ACID	Fruit	--	1.0	1.0	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
HEPTANOL	Fruit	1.0	2.0		Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
HESPERIDIN	Seed	--	--	*	
<b>Activities (31)</b>					
Analgesic					
Anti-LDL					
AntiDNA					
AntiRNA					
Antiallergenic	Yakugaku Zasshi, 111: 193, 1991.				
Antibradykinic	Economic & Medicinal Plant Research, 5: 366.				
Anticapillary-Fragility					
Antiflu	Economic & Medicinal Plant Research, 5: 197.				
Antihistaminic					
Antiinflammatory IC47=50 mg/kg scu	Da Silva Emim, J.A., Oliveira, A.B. and Lapa, A.J. Pharmacological Evaluation of the Anti-inflammatory Activity of a Citrus Bioflavonoid, Hesperidin, and the Isoflavonoids, Duartin and Claussequinone, in Rats and Mice. <i>J. Pharm. Pharmacol.</i> 46:118-122,1994				
Antiinflammatory IC63=100 mg/kg scu	Da Silva Emim, J.A., Oliveira, A.B. and Lapa, A.J. Pharmacological Evaluation of the Anti-inflammatory Activity of a Citrus Bioflavonoid, Hesperidin, and the Isoflavonoids, Duartin and Claussequinone, in Rats and Mice. <i>J. Pharm. Pharmacol.</i> 46:118-122,1994				
Antileukotriene					
Antioxidant IC50=8 ppm	Phytochemistry, 37: 1463.				
Antiprostaglandin					
Antistomatitic					
Antitriglyceride					
Antiulcer 100-150 mg/kg ipr					
Antivaccinia	Economic & Medicinal Plant Research, 5: 197.				
Antiviral	Vlietinck, A.J. and Dommisse, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.				
Anxiolytic					
CNS-Depressant 100-150 mg/kg ipr					
Calcium-Antagonist IC50=1.2 uM rbt					
Capillaroprotective	Martindale's 29th				
Catabolic					
Choleretic					
Cyclooxygenase-Inhibitor					
Hypolipidemic					
Lipoxygenase-Inhibitor					
Pesticide					
ProHDL					
Vasopressor					
HESPERIDIN	Leaf	--	--	*	
<b>Activities (31)</b>					
Analgesic					
Anti-LDL					
AntiDNA					
AntiRNA					
Antiallergenic	Yakugaku Zasshi, 111: 193, 1991.				
Antibradykinic	Economic & Medicinal Plant Research, 5: 366.				
Anticapillary-Fragility					
Antiflu	Economic & Medicinal Plant Research, 5: 197.				
Antihistaminic					
Antiinflammatory IC47=50 mg/kg scu	Da Silva Emim, J.A., Oliveira, A.B. and Lapa, A.J. Pharmacological Evaluation of the Anti-inflammatory Activity of a Citrus Bioflavonoid, Hesperidin, and the Isoflavonoids, Duartin and Claussequinone, in Rats and Mice. <i>J. Pharm. Pharmacol.</i> 46:118-122,1994				
Antiinflammatory IC63=100 mg/kg scu	Da Silva Emim, J.A., Oliveira, A.B. and Lapa, A.J. Pharmacological Evaluation of the Anti-inflammatory Activity of a Citrus Bioflavonoid, Hesperidin, and the Isoflavonoids, Duartin and Claussequinone, in Rats and Mice. <i>J. Pharm. Pharmacol.</i> 46:118-122,1994				
Antileukotriene					
Antioxidant IC50=8 ppm	Phytochemistry, 37: 1463.				
Antiprostaglandin					
Antistomatitic					

Antiulcer 100-150 mg/kg ipr	
Antivaccinia	Economic & Medicinal Plant Research, 5: 197.
Antiviral	Vlietinck, A.J. and Dommisse, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.
Anxiolytic	
CNS-Depressant 100-150 mg/kg ipr	
Calcium-Antagonist IC50=1.2 uM rbt	
Capillariprotective	Martindale's 29th
Catabolic	
Choleretic	
Cyclooxygenase-Inhibitor	
Hypolipidemic	
Lipoxygenase-Inhibitor	
Pesticide	
ProHDL	
Vasopressor	

HESPERIDIN	Plant	--	--	*
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#### Activities (31)

Analgesic	
Anti-LDL	
AntiDNA	
AntiRNA	
Antiallergenic	Yakugaku Zasshi, 111: 193, 1991.
Antibradykinic	Economic & Medicinal Plant Research, 5: 366.
Anticapillary-Fragility	
Antiflu	Economic & Medicinal Plant Research, 5: 197.
Antihistaminic	
Antiinflammatory IC47=50 mg/kg scu	Da Silva Emim, J.A., Oliveira, A.B. and Lapa, A.J. Pharmacological Evaluation of the Anti-inflammatory Activity of a Citrus Bioflavonoid, Hesperidin, and the Isoflavonoids, Duartin and Claussequinone, in Rats and Mice. J. Pharm. Pharmacol. 46:118-122,1994
Antiinflammatory IC63=100 mg/kg scu	Da Silva Emim, J.A., Oliveira, A.B. and Lapa, A.J. Pharmacological Evaluation of the Anti-inflammatory Activity of a Citrus Bioflavonoid, Hesperidin, and the Isoflavonoids, Duartin and Claussequinone, in Rats and Mice. J. Pharm. Pharmacol. 46:118-122,1994
Antileukotriene	
Antioxidant IC50=8 ppm	Phytochemistry, 37: 1463.
Antiprostaglandin	
Antistomatitis	
Antitriglyceride	
Antiulcer 100-150 mg/kg ipr	
Antivaccinia	Economic & Medicinal Plant Research, 5: 197.
Antiviral	Vlietinck, A.J. and Dommisse, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.
Anxiolytic	
CNS-Depressant 100-150 mg/kg ipr	
Calcium-Antagonist IC50=1.2 uM rbt	
Capillariprotective	Martindale's 29th
Catabolic	
Choleretic	
Cyclooxygenase-Inhibitor	
Hypolipidemic	
Lipoxygenase-Inhibitor	
Pesticide	
ProHDL	
Vasopressor	

HESPERIDIN	Fruit Juice	--	--	*
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#### Activities (31)

Analgesic	
Anti-LDL	
AntiDNA	
AntiRNA	
Antiallergenic	Yakugaku Zasshi, 111: 193, 1991.

Anticapillary-Fragility	
Antiflu	Economic & Medicinal Plant Research, 5: 197.
Antihistaminic	
Antiinflammatory IC47=50 mg/kg scu	Da Silva Emim, J.A., Oliveira, A.B. and Lapa, A.J. Pharmacological Evaluation of the Anti-inflammatory Activity of a Citrus Bioflavonoid, Hesperidin, and the Isoflavonoids, Duartin and Claussequinone, in Rats and Mice. <i>J. Pharm. Pharmacol.</i> 46:118-122,1994
Antiinflammatory IC63=100 mg/kg scu	Da Silva Emim, J.A., Oliveira, A.B. and Lapa, A.J. Pharmacological Evaluation of the Anti-inflammatory Activity of a Citrus Bioflavonoid, Hesperidin, and the Isoflavonoids, Duartin and Claussequinone, in Rats and Mice. <i>J. Pharm. Pharmacol.</i> 46:118-122,1994
Antileukotriene	
Antioxidant IC50=8 ppm	Phytochemistry, 37: 1463.
Antiprostaglandin	
Antistomatitic	
Antitriglyceride	
Antiulcer 100-150 mg/kg ipr	Economic & Medicinal Plant Research, 5: 197.
Antivaccinia	Vlietinck, A.J. and Dommisse, R.A. eds. 1985. <i>Advances in Medicinal Plant Research</i> . Wiss. Verlag. Stuttgart.
Antiviral	
Anxiolytic	
CNS-Depressant 100-150 mg/kg ipr	
Calcium-Antagonist IC50=1.2 uM rbt	
Capillaroprotective	Martindale's 29th
Catabolic	
Choleretic	
Cyclooxygenase-Inhibitor	
Hypolipidemic	
Lipoxygenase-Inhibitor	
Pesticide	
ProHDL	
Vasopressor	

HESPERIDIN	Pericarp	--	47800.0	-1.37	*
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#### Activities (31)

Analgesic	
Anti-LDL	
AntiDNA	
AntiRNA	
Antiallergenic	<i>Yakugaku Zasshi</i> , 111: 193, 1991.
Antibradykinic	Economic & Medicinal Plant Research, 5: 366.
Anticapillary-Fragility	
Antiflu	Economic & Medicinal Plant Research, 5: 197.
Antihistaminic	
Antiinflammatory IC47=50 mg/kg scu	Da Silva Emim, J.A., Oliveira, A.B. and Lapa, A.J. Pharmacological Evaluation of the Anti-inflammatory Activity of a Citrus Bioflavonoid, Hesperidin, and the Isoflavonoids, Duartin and Claussequinone, in Rats and Mice. <i>J. Pharm. Pharmacol.</i> 46:118-122,1994
Antiinflammatory IC63=100 mg/kg scu	Da Silva Emim, J.A., Oliveira, A.B. and Lapa, A.J. Pharmacological Evaluation of the Anti-inflammatory Activity of a Citrus Bioflavonoid, Hesperidin, and the Isoflavonoids, Duartin and Claussequinone, in Rats and Mice. <i>J. Pharm. Pharmacol.</i> 46:118-122,1994
Antileukotriene	
Antioxidant IC50=8 ppm	Phytochemistry, 37: 1463.
Antiprostaglandin	
Antistomatitic	
Antitriglyceride	
Antiulcer 100-150 mg/kg ipr	Economic & Medicinal Plant Research, 5: 197.
Antivaccinia	Vlietinck, A.J. and Dommisse, R.A. eds. 1985. <i>Advances in Medicinal Plant Research</i> . Wiss. Verlag. Stuttgart.
Antiviral	
Anxiolytic	
CNS-Depressant 100-150 mg/kg ipr	
Calcium-Antagonist IC50=1.2 uM rbt	
Capillaroprotective	Martindale's 29th
Catabolic	
Choleretic	
Cyclooxygenase-Inhibitor	
Hypolipidemic	
Lipoxygenase-Inhibitor	
Pesticide	

**Vasopressor**

HESPERIDIN	Fruit	--	--	*	
<b>Activities (31)</b>					
Analgesic					
Anti-LDL					
AntiDNA					
AntiRNA					
Antiallergenic	Yakugaku Zasshi, 111: 193, 1991.				
Antibradykinic	Economic & Medicinal Plant Research, 5: 366.				
Anticapillary-Fragility					
Antiflu	Economic & Medicinal Plant Research, 5: 197.				
Antihistaminic					
Antiinflammatory IC47=50 mg/kg scu	Da Silva Emim, J.A., Oliveira, A.B. and Lapa, A.J. Pharmacological Evaluation of the Anti-inflammatory Activity of a Citrus Bioflavonoid, Hesperidin, and the Isoflavonoids, Duartin and Claussequinone, in Rats and Mice. <i>J. Pharm. Pharmacol.</i> 46:118-122,1994				
Antiinflammatory IC63=100 mg/kg scu	Da Silva Emim, J.A., Oliveira, A.B. and Lapa, A.J. Pharmacological Evaluation of the Anti-inflammatory Activity of a Citrus Bioflavonoid, Hesperidin, and the Isoflavonoids, Duartin and Claussequinone, in Rats and Mice. <i>J. Pharm. Pharmacol.</i> 46:118-122,1994				
Antileukotriene					
Antioxidant IC50=8 ppm	Phytochemistry, 37: 1463.				
Antiprostaglandin					
Antistomatitis					
Antitriglyceride					
Antiuclcer 100-150 mg/kg ipr					
Antivaccinia	Economic & Medicinal Plant Research, 5: 197.				
Antiviral	Vlietinck, A.J. and Dommisse, R.A. eds. 1985. <i>Advances in Medicinal Plant Research</i> . Wiss. Verlag. Stuttgart.				
Anxiolytic					
CNS-Depressant 100-150 mg/kg ipr					
Calcium-Antagonist IC50=1.2 uM rbt					
Capillariprotective	Martindale's 29th				
Catabolic					
Choleretic					
Cyclooxygenase-Inhibitor					
Hypolipidemic					
Lipoxygenase-Inhibitor					
Pesticide					
ProHDL					
Vasopressor					

HISTIDINE	Fruit	440.0	3546.0	1.29	USDA's Ag Handbook 8 and sequelae)
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**Activities (7)**

Antiarteriosclerotic					
Antinephritic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.				
Antioxidant					
Antiuclcer					
Antiuremic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.				
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.				
Oxidant					

HUMULENE	Fruit	--	5.0	-0.79	Lawrence, B.M., <i>Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980</i> .
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**Activities (2)**

Antimalarial IC50=86 ug/ml					
Antiplasmodial IC50=86 ug/ml					

ICHANGIN-17-O-BETA-D-GLUCOSIDE	Seed	--	--	*	
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IRON	Fruit	1.0	79.0	-0.21	*
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**Activities (6)**

Antiakathisic	Martindale's 29th				
Antianemic	Martindale's 29th				

Anticheilitic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antimenorrhagic 100 mg/day/wmn/orl	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Prooxidant	
ISOLEUCINE	Fruit 170.0 1370.0 -0.68 USDA's Ag Handbook 8 and sequelae)
<b>Activities (3)</b>	
Antiecephalopathic?	Martindale's 29th
Antipellagric	Martindale's 28th
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
ISOPULEGOL	Fruit 1.0 5.0 Lawrence, B.M., <i>Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980</i> .
<b>Activities (3)</b>	
Antiacyetylcholinesterase IC50=2.0 mM	
FLavor FEMA 5-30	Aloe Research Council - Duke write up of non-peer reviewd book by Coats and draft by Henry
Perfumery	Aloe Research Council - Duke write up of non-peer reviewd book by Coats and draft by Henry
ISOSINENSETIN	Pericarp -- 135.7 *
KAEMPFERIDE-TRIMETHYL-ETHER	Fruit -- -- *
LAURIC-ACID	Seed Oil -- -- *
<b>Activities (7)</b>	
Antibacterial	
Antioxidant IC71=60	
Antiviral	
COX-1-Inhibitor IC40=100	
COX-2-Inhibitor IC20=100	
Candidicide	
Hypercholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. <i>CRC Handbook of Lipids in Human Nutrition</i> . CRC Press. Boca Raton, FL. 233 pp.)
LEUCINE	Fruit 50.0 1290.0 -0.81 *
<b>Activities (2)</b>	
Antiecephalopathic	Martindale's 29th
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
LIMONENE	Essential Oil -- -- *
<b>Activities (60)</b>	
AChE-Inhibitor	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. &amp; Physiol.</i> , 23, 1985, 383-8.
Acaricide LC100=8 uM	
Allelochemic	
Allergenic 1/20th carene	
Antiacyetylcholinesterase IC22-26=1.2 mM	
Antiadrenomimetic	
Antialzheimeran?	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, <i>Oest. Biochem. &amp; Physiol.</i> , 23, 1985, 383-8.
Antiasthmatic	
Antibacterial	Revista Itiliana Epos, 12: 5, 1994.
Anticancer	
Antiesophagitic	
Antifeedant	
Antiflu	Economic & Medicinal Plant Research, 5: 195.
Antiinflammatory	
Antilithic	
Antilymphomeric	
Antimetastatic (Stomach)	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antioesity	
Antiseptic	
Antispasmodic ED50=0.197 mg/ml	Fitoterapia No.59-1984.

Antitumor (Breast)	
Antitumor (Colon)	
Antitumor (Pancreas)	
Antitumor (Prostate)	
Antitumor (Stomach)	
Antiviral	
Apoptotic	
Bronchoprotectant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidstat	
Chemopreventive	
Cholesterolytic	
Detoxicant	
Enterococontractant	J. Aromatherapy 4: 22.
Expectorant	
FLavor	
Fungiphilic	J. Agric. Food Chem. 43: 2283.
Fungistat	
GST-Inducer	
Herbicide IC50=45 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Histaminic	
Immunomodulator	
Insecticide 0.37 uM/fly	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Interleukin-6-Inhibitor	
Irritant	
Lipolytic	
Myorelaxant 50 mg/kg	
NO-Genic	
Nematicide IC=100 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Ornithine-Decarboxylase-Inhibitor ~750 mg/kg (diet)	
Ozone-Scavenger	
P450-Inducer	
Peristaltic	
Pesticide	
Photosensitizer	Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp.
Sedative ED=1-32 mg/kg	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Transdermal	

LIMONENE	Fruit	6500.0	9400.0	0.6	*
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#### Activities (60)

AChE-Inhibitor	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, Oest. Biochem. & Physiol., 23, 1985, 383-8.
Acaricide LC100=8 uM	
Allelochemical	
Allergenic 1/20th carene	
Antiacyetylcholinesterase IC22-26=1.2 mM	
Antiadenomic	
Antialzheimeran?	Grundy, D. L. and Still, C. C., Inhibition of acetylcholinesterases by pulegone-1,2-epoxide, Oest. Biochem. & Physiol., 23, 1985, 383-8.
Antiasthmatic	
Antibacterial	Revista Italiana Eppos, 12: 5, 1994.
Anticancer	
Antiesophagitic	
Antifeedant	
Antiflu	Economic & Medicinal Plant Research, 5: 195.
Antiinflammatory	
Antilithic	
Antilymphomic	
Antimetastatic (Stomach)	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antiobesity	
Antiseptic	
Antispasmodic ED50=0.197 mg/ml	Fitoterapia No.59-1984.
Antitumor	

Antitumor (Colon)	
Antitumor (Pancreas)	
Antitumor (Prostate)	
Antitumor (Stomach)	
Antiviral	
Apoptotic	
Bronchoprotectant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidistat	
Chemopreventive	
Cholesterolytic	
Detoxicant	
Enterococontractant	J. Aromatherapy 4: 22.
Expectorant	
Flavor	
Fungiphilic	J. Agric. Food Chem. 43: 2283.
Fungistat	
GST-Inducer	
Herbicide IC50=45 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Histaminic	
Immunomodulator	
Insecticide 0.37 uM/fly	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Interleukin-6-Inhibitor	
Irritant	
Lipolytic	
Myorelaxant 50 mg/kg	
NO-Genic	
Nematicide IC=100 ug/ml	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Ornithine-Decarboxylase-Inhibitor ~750 mg/kg (diet)	
Ozone-Scavenger	
P450-Inducer	
Peristaltic	
Pesticide	
Photosensitizer	Rinzler, C. A. 1990. The Complete Book of Herbs, Spices and Condiments. Facts on File, New York. 199 pp.
Sedative ED=1-32 mg/kg	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Transdermal	

#### LIMONIN

Seed -- -- \*

#### Activities (5)

Anticataleptic	
Antifeedant	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Antileukemic IC50=>10 ug/ml	Life Sciences 55: 1061.
Antimalarial IC50=>100 ug/ml	Khalid, S.A., Farouk, A., Geary**, T.G., and Jensen, J.B. 1985. Potential Antimalarial Candidates From African Plants: An In Vitro Approach Using <i>Plasmodium falciparum</i> *. Journal of Ethnopharmacology, 15: 201-209, 1986.
Pesticide	

#### LIMONIN

Pericarp -- 73.0 1.0 \*

#### Activities (5)

Anticataleptic	
Antifeedant	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Antileukemic IC50=>10 ug/ml	Life Sciences 55: 1061.
Antimalarial IC50=>100 ug/ml	Khalid, S.A., Farouk, A., Geary**, T.G., and Jensen, J.B. 1985. Potential Antimalarial Candidates From African Plants: An In Vitro Approach Using <i>Plasmodium falciparum</i> *. Journal of Ethnopharmacology, 15: 201-209, 1986.
Pesticide	

#### LIMONIN-17-O-BETA-D-GLUCOSIDE

Seed -- -- \*

#### LINALOL

Fruit 3.0 610.0 -0.53 \*

#### LINALOOL

Fruit 3.0 610.0 -0.42 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

#### Activities (53)

Allergenic	
Analgesic	
Anesthetic 0.01-1 ug/ml	
Antiacylcholinesterase	
Antiallergic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antianaphylactic	
Antibacterial MIC=1,600 ug/ml	
Anticariogenic MIC=1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against Streptococcus mutans. J. Agric. Food Chem. 41: 1102-1105.
Anticolic	
Anticonvulsant 200 mg/kg ipr mus	
Antiedemic	
Antiglutamaergic	
Antihistaminic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antiinflammatory	
Antileukemic IC50=3.5-4.2 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antilymphomeric IC50=3.5-4.2 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antimange	
Antimite	
Antimutagenic	
Antiseptic 5 x phenol	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Antishock	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antispasmodic	Buchbauer, G., Jirovetz*, L., Nikiforov, A., Remberg, G., Raverdino, V. 1989. Headspace-Analysis and Aroma Compounds of Austrian Hay-Blossoms (Flores Graminis, Graminis Flos) used in Aromatherapy. J. Ess. Oil Res., 2: 185-191, 1990.
Antiviral	
Barbituate-Synergist	
Bronchorelaxant	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
CNS-Depressant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidstat	
Carminative	
Culicide LC50=156-194 mg/l	
Cytotoxic	
Expectorant	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
FLavor FEMA 2-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Acta Botanica Sinica, 32: 49.
GABA-nergic	
Hypnotic	
Hypothermic	
Insecticide LC50=156-194 mg/l	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	Zelovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Larvicide LC50=156-194 mg/l	
Mosquitofuge > Deet	
Motor-Depressant	Buchbauer et al, e.g. Buchbauer et al, 1993. Therapeutic properties of essential oils and fragrances, Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Merck 11th Edition
Pesticide	
Prooxidant	Charalambous, G. (Ed.). 1994. Spices, Herbs and Edible Fungi. Elsevier Science B. V. Amsterdam. 764 pp.
Sedative ED=1-32 mg/kg	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Sedative 200 mg/kg ipr mus (1% as active as diazepam)	
Termitifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Trichomonicide LD100=600 ug/ml	
Tumor-Promoter	

LINALOOL Leaf -- 95500.0 -0.09 \*

Essent. Oil

#### Activities (53)

Acaricide C90=<15 ul/l  
(<15 ppm)

Allergenic

Anesthetic	0.01-1 ug/ml
Antiacetylcholinesterase	
Antiallergic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antianaphylactic	
Antibacterial MIC=1,600 ug/ml	
Anticariogenic MIC=1,600 ug/ml	Muroi, H. and Kubo, I. 1993. Combination Effects of Antibacterial Compounds in Green Tea Flavor against <i>Streptococcus mutans</i> . J. Agric. Food Chem. 41: 1102-1105.
Anticolic	
Anticonvulsant	200 mg/kg ipr mus
Antiedemic	
Antiglutamaergic	
Antihistaminic	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antiinflammatory	
Antileukemic IC50=3.5-4.2 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antilymphomeric IC50=3.5-4.2 ug/ml	Chiang, L. C., Chiang, W., Chang, M. Y., Ng, L. T., Lin, C. C. 2003. Antileukemic activity of selected natural products in Taiwan. Am J Chin Med, 31(1):37-46.
Antimange	
Antimite	
Antimutagenic	
Antiseptic 5 x phenol	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Antishock	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Antispasmodic	Buchbauer, G., Jirovetz*, L., Nikiforov, A., Remberg, G., Raverdino, V. 1989. Headspace-Analysis and Aroma Compounds of Austrian Hay-Blossoms ( <i>Flores Graminis</i> , <i>Graminis Flos</i> ) used in Aromatherapy. J. Ess. Oil Res., 2: 185-191, 1990.
Antiviral	
Barbituate-Synergist	
Bronchorelaxant	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
CNS-Depressant	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Candidstat	
Carminative	
Culicide LC50=156-194 mg/l	
Cytotoxic	
Expectorant	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
FLavor FEMA 2-40	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Acta Botanica Sinica, 32: 49.
GABA-nergic	
Hypnotic	
Hypothermic	
Insecticide LC50=156-194 mg/l	
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	Zebowitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Larvicide LC50=156-194 mg/l	
Mosquitofuge > Deet	
Motor-Depressant	Buchbauer et al, e.g. Buchbauer et al, 1993. Therapeutic properties of essential oils and fragrances, Chap.12 in Teranishi,R, Buttery,R.G and Sugisawa,H. Eds. Bioactive Volatile Compounds from Plants. ACS Symposium Series 525. Amer. Chem. Soc., Washington DC
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Perfumery	Merck 11th Edition
Pesticide	
Prooxidant	Charalambous, G. (Ed.). 1994. Spices, Herbs and Edible Fungi. Elsevier Science B. V. Amsterdam. 764 pp.
Sedative ED=1-32 mg/kg	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Sedative 200 mg/kg ipr mus (1% as active as diazepam)	
Termitifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Trichomonicide LD100=600 ug/ml	
Tumor-Promoter	

LINOLEIC-ACID                      Fruit            270.0            2176.0            -0.32            USDA's Ag Handbook 8 and sequelae)

#### Activities (27)

5-Alpha-Reductase-Inhibitor	
AntiMS	Economic & Medicinal Plant Research, 6: 189.
Antiacne	
Antialope cic	
Antianaphylactic	Economic & Medicinal Plant Research, 6: 189.
Antiandrogenic	
Antiarteriosclerotic	

Anticorony	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Antieczemic	Economic & Medicinal Plant Research, 6: 189.
Antifibrinolytic	Economic & Medicinal Plant Research, 1: 53.
Antigranular	
Antihistaminic	Economic & Medicinal Plant Research, 6: 189.
Antiinflammatory IC50=31 uM	
Antileukotriene-D4 IC50=31 uM	
Antimennorrhagic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiprostatic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli.</i> Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Carcinogenic	Science News, 146: 421.
Comedolytic	
Hepatoprotective	
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. <i>CRC Handbook of Lipids in Human Nutrition.</i> CRC Press. Boca Raton, FL. 233 pp.)
Immunomodulator	Economic & Medicinal Plant Research, 6: 189.
Insectifuge	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents,</i> CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Metastatic	Science News, 146: 421.
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture.</i> Plenum Press, New York. 445 pp.
Propecic	

#### LINOLEIC-ACID

Seed Oil -- -- \*

#### Activities (27)

5-Alpha-Reductase-Inhibitor	
AntiMS	Economic & Medicinal Plant Research, 6: 189.
Antiacne	
Antialope cic	
Antianaphylactic	Economic & Medicinal Plant Research, 6: 189.
Antiandrogenic	
Antiarteriosclerotic	
Antiarthritic	Economic & Medicinal Plant Research, 6: 189.
Anticorony	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Antieczemic	Economic & Medicinal Plant Research, 6: 189.
Antifibrinolytic	Economic & Medicinal Plant Research, 1: 53.
Antigranular	
Antihistaminic	Economic & Medicinal Plant Research, 6: 189.
Antiinflammatory IC50=31 uM	
Antileukotriene-D4 IC50=31 uM	
Antimennorrhagic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiprostatic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli.</i> Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Carcinogenic	Science News, 146: 421.
Comedolytic	
Hepatoprotective	
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. <i>CRC Handbook of Lipids in Human Nutrition.</i> CRC Press. Boca Raton, FL. 233 pp.)
Immunomodulator	Economic & Medicinal Plant Research, 6: 189.
Insectifuge	Jacobson, M., <i>Glossary of Plant-Derived Insect Deterrents,</i> CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Metastatic	Science News, 146: 421.
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture.</i> Plenum Press, New York. 445 pp.
Propecic	

#### LONGIFOLENE

Fruit -- 1.0 Lawrence, B.M., *Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.*

#### LUTEIN

Fruit 0.2 2.0 -0.66 \*

#### Activities (15)

Antithrombotic	
Anticancer (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Antimaculitic	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code.</i> Hyperion, NY.
Antinyctalopic	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code.</i> Hyperion, NY.
Antioxidant	
Antiproliferant	Joseph, J., Nadeau, D. and Underwood, A. 2001. <i>The Color Code.</i> Hyperion, NY.

Antiretinic Optometry	
Antitumor (Breast)	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Antitumor (Colon)	
Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Prooxidant 5-40 ug/g	
Quinone-Reductase-Inducer 2.5 ug	Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from <i>Vaccinium myrtillus</i> (Bilberry) Fruits and Cell Cultures. <i>Plant Sci.</i> , 131(1): 95-103.
Retinoprotectant Optometry	
Ubiquot	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.

LYSINE	Fruit	40.0	2579.0	-0.4	*
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#### Activities (4)

Antialkalotic	Martindale's 29th
Antiherpetic 0.5-3 g/day	
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.
Hypoarginanemic 250 mg/kg	Martindale's 29th

MAGNESIUM	Fruit	111.0	1416.0	-0.33	USDA's Ag Handbook 8 and sequelae)
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#### Activities (65)

AntiCFS	
AntiLyme 400-1,000 mg	
AntiMS	
AntiPMS 400-800 mg/day/wmn/orl	
AntiPMS 400-800 mg/day/wmn orl	
AntiRaynaud's 280-350 mg/day	
Antiaggregant 400 mg/day	
Antialcoholic	
Antianginal 400 mg/day	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.
Antianorectic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antianxiety 400 mg/day	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.
Antiarrhythmic 400 mg/day	
Antiarthritic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antiasthmatic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiatherosclerotic 400 mg/day	
Anticephalagic	
Anticlimacteric 500-750 mg/day	
Anticonvulsant	Facciola, S. 1998. <i>Cornucopia - A Source Book of Edible Plants.</i> Kampong Publications, Vista CA. 713 pp.
Anticorony 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reserve insulin resistance.</i> John Wiley & Sons, New York. 272 pp. \$24.95
Antidepressant	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antidiabetic 400-800 mg/man/day	
Antidysmenorrheic 100 mg 4 x/day	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.
Antiendometriotic 500 mg/day	
Antienterotic	
Antiepileptic 450 mg/day	
Antifatigue	
Antifibromyalgic 200-300 mg 3x/day	
Antigastrotic	
Antiglaucomic	
Antihyperkinetic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antihypertensive	
Antihypoglycemic	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antiinflammatory 100 mg 4 x/day	Werbach, M. 1993. <i>Healing with Food.</i> Harper Collins, New York, 443 pp.
Antinsomniac	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine.</i> Avon Books, New York. 509pp.
Antilithic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimastalgic	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine.</i> John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimenopausal 500-750 mg/day	

Antimitrail-valve-prolapse	
Antinephrolytic	
Antineurotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiosteoporotic 500-1,000 mg/day/wmn/orl	
Antiplaque 500-1,000 mg/day	
Antiretinopathic 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antispasmodic	
Antispasmophilic 500 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antistress 500-750 mg/day	
Antistroke 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antisyndrome-X 400 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Anxiolytic 500-750 mg/day	
CNS-Depressant	Facciola, S. 1998. Cornucopia - A Source Book of Edible Plants. Kampong Publications, Vista CA. 713 pp.
Calcium-Antagonist	
Cardioprotective	
Diuretic	
Hypocholesterolemic 400 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Hypotensive 260-500 mg/day	
Immunomodulator	
Insulinogenic 400 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reservse insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Laxative 300-500 mg/day	
Litholytic	
Myorelaxant 100 mg 4 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Neurotransmitter	
Tranquilizer 500-750 mg/day	
Uterorelaxant 100 mg 4 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Vasodilator	

### **Activities (15)**

Antiatherosclerotic	
Antibacterial	
Antifibromyalgic 300 mg 3x/day	
Antioxidant Synergist	Merck 11th Edition
Antiseborrheic	
Antiseptic	Martindale's 29th
Antitubercular	
Antitumor	Economic & Medicinal Plant Research, 6: 235.
Bacteristat	
Bruchiphobe	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Hemopoietic	
Laxative?	Lawrence Review of Natural Products, Sep-91.
Mycobactericide	
Pesticide	
Sialogogue	Martindale's 29th

MALONIC-ACID                      Fruit        --        --        \*

## Activities (1)

Irritant Jeffery B. Harborne and H. Baxter, eds. 1983. *Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants*. Taylor & Frost, London. 791 pp.

MANGANESE Fruit -- 4.6 -0.37 \*

## Activities (14)

AntiPMS	
Antialcoholic	Forest H. Nielsen, USDA, Grand Forks, various publications.
Antianemic	Martindale's 28th
Antiarthritic	
Antidiabetic 3-5 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidiabetic 10-30 mg/man/day	
Antidiscotic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp

Antiosteoporotic	
Antiototic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antioxidant	
Antisynrome-X 10-30 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Hypoglycemic 10-30 mg/man/day	

MERCURY	Fruit	--	0.001	-0.79	ACTA AGRIC SCAND SUPPL 22: 1980
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#### Activities (1)

Nephrotoxic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
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METHIONINE	Fruit	130.0	1048.0	0.11	USDA's Ag Handbook 8 and sequelae)
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#### Activities (15)

Anticataract	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antidote (Acetaminophen) 10 g/16hr/man/orl	Martindale's 29th
Antidote (Paracetamol) 10 g/16hr/man/orl	Martindale's 29th
Antieczemic	
Antihepatotic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antioxidant	
Antiparkinsonian 1-5 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Emetic	Martindale's 29th
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Glutathionigenic	Martindale's 29th
Hepatoprotective	
Lipotropic	Merck 11th Edition
Urine-Acidifier 200 mg/3x/day/man/orl	Martindale's 28th
Urine-Deodorant	Martindale's 29th

METHYL-HEPTENONE	Fruit	--	1.0		Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
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METHYL-N-METHYL-ANTHRALINATE	Fruit	1.0	33.0		Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
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METHYL-N-METHYL-ANTHRANILATE	Fruit	--	0.1	*	
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METHYL-THYMOL	Fruit	--	10.0		Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
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MOLYBDENUM	Fruit	--	0.1	-0.47	ACTA AGRIC SCAND SUPPL 22: 1980
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#### Activities (2)

Anticancer (Esophagus)?	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antitumor (Esophagus)?	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

MYRCENE	Fruit	160.0	180.0	-0.36	*
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#### Activities (22)

ACE-Inhibitor 100 ug/ml	
Aldose-Reductase-Inhibitor 100 ug/ml	Okamura, K., Iwakami, S., Matsunaga, T. 1992. Biological Activity of Monoterpenes from Trees. Toyama-Ken Yakuji Kenkyusho Nenpo, (20): 95-101.
Allergenic	
Analgesic	Kauderer, B., Zamith, H., Paumgartten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. Environmental and Molecular Mutagenesis 18: 28-34, 1991.
Antibacterial	
Anticonvulsant	
Antimutagenic	Kauderer, B., Zamith, H., Paumgartten, F.J.R., and Speit, G. Evaluation of the Mutagenicity of B-Myrcene in Mammalian Cells In Vitro. Environmental and Molecular Mutagenesis 18: 28-34, 1991.
Antinitrosaminic	
Antinociceptive 10-20 mg/kg ipr mus	Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. J. Pharm. Pharmacol. 42: 877-878, 1990.
Antinociceptive 20-40 mg/kg scu mus	Rao, V.S.N., Menezes, A.M.S., Viana, G.S.B. 1990. Effect of myrcene on nociception in mice. J. Pharm. Pharmacol. 42: 877-878, 1990.
Antioxidant	Jim Duke's personal files.
Antispasmodic	Jim Duke's personal files.
Chemopreventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Hypothermic	
Insectifuge	
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Myorelaxant 100-200 mg/kg	
P450-2B1-Inhibitor IC50=0.14 uM	
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	

**MYRISTIC-ACID**      Fruit      10.0      80.0      -0.27      USDA's Ag Handbook 8 and sequelae

## Activities (6)

Antioxidant	IC71=60
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cosmetic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Hypercholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press. New York. 445 pp.

MYRISTIC-ACID Seed Oil -- --

### Activities (6)

Antioxidant IC71=60	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cosmetic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Hypercholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Nematicide	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.

N-METHYL-TYRAMINE Enol -- 58.0 1.0

### Activities (1)

Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co., Milwaukee, WI, 1990, 399 pp.

N-METHYL-TYRAMINE Pericarp -- --

### Activities (1)

Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co., Milwaukee, WI, 1990, 399 pp.

NARINGIN Fruit juice -- --

## Activities (12)

Aldose-Reductase-Inhibitor	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidermatitic	
Antiinflammatory	
Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antineuropathic	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antioxidant	
Antiviral	Vlietinck, A.J. and Dommisse, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
FLavor FEMA	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Myorelaxant	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Oviposition-Stimulant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	

NARINGIN Pericarp -- --

### Activities (12)

Aldose-Reductase-Inhibitor Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.

Antimutagenic	Economic & Medicinal Plant Research, 6: 235.
Antineuropathic	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antioxidant	
Antiviral	Vlietinck, A.J. and Dommisse, R.A. eds. 1985. Advances in Medicinal Plant Research. Wiss. Verlag. Stuttgart.
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
FLavor FEMA	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Myorelaxant	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Oviposition-Stimulant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Pesticide	

NARIRUTIN	Pericarp	--	2100.0	-1.0	*
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#### Activities (1)

Oviposition-Stimulant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
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NARIRUTIN	Fruit Juice	--	--		*
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#### Activities (1)

Oviposition-Stimulant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
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NEOHESPERIDIN	Fruit Juice	--	--		*
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#### Activities (6)

Anticancer
Antioxidant
Antioxidant 7 x quercetin
Antiradicular 7 x quercetin
Antitumor-Promoter
Cancer-Preventive

NEOHESPERIDIN	Pericarp	--	--		*
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#### Activities (6)

Anticancer
Antioxidant
Antioxidant 7 x quercetin
Antiradicular 7 x quercetin
Antitumor-Promoter
Cancer-Preventive

NERAL	Fruit	3.0	4.0	-0.88	*
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#### Activities (4)

Antibacterial	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
Antispasmodic	
Pesticide	
Termiticide LD100=5 mg/g	

NEROL	Fruit	0.4	0.8	-0.56	*
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#### Activities (10)

Antibacterial	HerbalGram No. 17.
Antihelicobacter	
Antiseptic	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Antiulcer	
Estrogenic	
FLavor FEMA 1-20	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Perfumery	Merck 11th Edition
Pesticide	
Sedative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Trichomonicide ED100=300 ug/ml	

**Activities (5)**

Antiflu	
Antiviral	
FLavor FEMA 1-15	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewed book by Coats and draft by Henry
Pesticide	

**NIACIN**

NIACIN	Fruit	1.0	35.0	-0.34	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
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**Activities (39)**

Allergenic	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
AntiLyme 50 mg/day	
AntiMeniere's	Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.
AntiRaynaud's 1,500-4,000 mg/day	
Antiacrodynic	
Antiallergic 50 mg/2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antialzheimeran	
Antiambyopic	
Antianginal	
Anticataract	
Antichilblain	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Anticonvulsant 3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidementia	
Antidermatitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidiabetic	
Antidysphagic	
Antiepileptic 3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antihangover 50 mg	
Antihistaminic 50 mg 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antihyperactivity 1.5-6 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinsomnic 1 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antineuralgic	
Antiparkinsonian 100 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antipellagric	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiscotomic	
Antispasmodic 100 mg 2x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antivertigo	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardioprotective	
Circulotonic	
Fibrinolytic	
Hepatoprotective	
Hepatotoxic	
Hypocholesterolemic 50-100 mg 3x/day	
Hypoglycemic	
Hypolipidemic	
Sedative	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Serotonergic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Vasodilator	Martindale's 29th

**NICKEL**

NICKEL	Fruit	0.01	0.3	-0.69	ACTA AGRIC SCAND SUPPL 22: 1980
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**Activities (3)**

Antidiadrenalinic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticirrhotic?	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Insulin-Sparing	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

**NITROGEN**

NITROGEN	Fruit	1600.0	13075.0	-0.11	ACTA AGRIC SCAND SUPPL 22: 1980
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**NOBELITIN**

NOBELITIN	Fruit	--	--	*	
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**NOBILETIN**

NOBILETIN	Pericarp	1441.0	3571.4	*	
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**Activities (8)**

Antiallergic
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mg/kg

Antiproliferative  
IC<sub>70</sub>=8ug/ml

Cancer-Preventive      Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Cholinergic

Fungicide

Fungistat

Weidenborner, M., Hindorf, H., Jha, H.C., and Tsotsonos, P. 1989. Antifungal Activity of Flavonoids Against Storage Fungi of the Genus Aspergillus. Phytochemistry. 29(4): 1103-1105.

Pesticide

NOMILIN	Seed	--	--	*	
<b>Activities (2)</b>					
Antifeedant	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.				
Pesticide					
NOMILIN-17-O-BETA-D-GLUCOSIDE	Seed	--	--	*	
NOMILINIC-ACID-17-O-BETA-D-GLUCOSIDE	Seed	--	--	*	
NONANAL	Fruit	0.7	1.0	-0.99	*
NONANOIC-ACID	Fruit	--	1.0	-0.67	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
<b>Activities (2)</b>					
FLavor FEMA 1-15	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
NONANOL	Fruit	2.0	10.0		Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
NOOTKATONE	Fruit	--	1.0		Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
<b>Activities (3)</b>					
Antiulcer 20 mg/kg orl rat	Yamahara, J., Li, Y.H., and Tamai, Y. 1990. Anti-ulcer Effect in Rats of Bitter Cardamon Constituents. Chem. Pharm. Bull. 38(11): 3053-3054, 1990.				
FLavor FEMA 3-50	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
OBACUNONE	Seed	--	--	*	
<b>Activities (3)</b>					
Anticataleptic					
Antifeedant	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.				
Pesticide					
OBACUNONE-17-O-BETA-D-GLUCOSIDE	Seed	--	--	*	
OCIMENE	Fruit	--	8.0		Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
<b>Activities (2)</b>					
Insecticide	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.				
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
OCTANAL	Fruit	7.0	8.0	-0.8	*
OCTANOIC-ACID	Fruit	--	4.0	-0.37	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
<b>Activities (5)</b>					
Candidicide	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
FLavor FEMA 3-20	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
Fungicide	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Perfumery	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
Pesticide					
OCTANOL	Fruit	--	0.1	-0.71	*
OCTOPAMINE	Fruit	1.0	2.0	1.0	*

UCYL-ACETATE FRIUT 2.0 4.0 -0.1 Lawrence, B.M., Essential Oils 19/b-1971, Essential Oils 1978, Essential Oils 1979-1980

OLEIC-ACID	Seed Oil	--	--	*
<b>Activities (18)</b>				
5-Alpha-Reductase-Inhibitor				
Allergenic				
Alpha-Reductase-Inhibitor				
Anemiagenic				
Antialopetic				
Antiandrogenic				
Antiinflammatory				
IC50=21 uM				
Antileukotriene-D4				
IC50=21 uM				
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.			
Choleretic 5 ml/man				
Dermatitogenic				
FLavor FEMA 1-30	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry			
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)			
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.			
Irritant	Merck 11th Edition			
Percutaneostimulant	Seki, T., Toeda, C., Kawaguchi, T., Juni, K., Sugibayashi, K., and Morimoto, Y. 1990. Enhanced Transdermal Delivery of Zidovudine in Rats and Human Skin. Chem. Pharm. Bull. 38(11): 3086-3089, 1990.			
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry			
Propecic				

Activities (18)	
5-Alpha-Reductase-Inhibitor	
Allergenic	
Alpha-Reductase-Inhibitor	
Anemiagenic	
Antialopanic	
Antiandrogenic	
Antiinflammatory IC50=21 uM	
Antileukotriene-D4 IC50=21 uM	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Choleretic 5 ml/man	
Dermatitogenic	
Flavor FEMA 1-30	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)
Insectifuge	Jacobson, M., Glossary of Plant-Derived Insect Deterrents, CRC Press, Inc., Boca Raton, FL, 213 p, 1990.
Irritant	Merck 11th Edition
Percutaneostimulant	Seki, T., Toeda, C., Kawaguchi, T., Juni, K., Sugabayashi, K., and Morimoto, Y. 1990. Enhanced Transdermal Delivery of Zidovudine in Rats and Human Skin. Chem. Pharm. Bull. 38(11): 3086-3089, 1990.
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Propecic	

OSTHOL Root -- --

Activities (15)	
5-Lipoxygenase-Inhibitor	
Analgesic	
Antiallergic	
Antiinflammatory IC62 800 ppm orl	Khalid, S.A., Farouk, A., Geary**, T.G., and Jensen, J.B. 1985. Potential Antimalarial Candidates From African Plants: An In Vitro Approach Using <i>Plasmodium falciparum</i> *. <i>Journal of Ethnopharmacology</i> , 15: 201-209, 1986.
Antimalarial IC50=25.1 ug/ml	Gawron, A. and Glowniak, K. 1987. Cytostatic Activity of Coumarins in vitro. <i>Planta Medica</i> 1987: 526.
Antimitotic 5-25 ug/ml	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Antimutagenic	
Calcium-Antagonist IC50=4 ug/ml	
Calcium-Antagonist 40 uM rat	
Calcium-Antagonist 100 uM	

ug/ml  
Immunosuppressant  
Juvabional  
Pesticide  
Xanthine-Oxidase-Inhibitor IC<sub>50</sub>=10 uM

OXALIC-ACID	Fruit	--	--	*
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#### Activities (9)

Acaricide	
Antiseptic	
CNS-Paralytic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Fatal	Martindale's 29th
Hemostatic	Merck 11th Edition
Irritant	
Pesticide	
Renotoxic	Merck 11th Edition
Varroacide	

P-CYMENE	Fruit	--	0.1	-0.58	*
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#### Activities (16)

Analgesic	Martindale's 28th
Antiacyetylcholinesterase	
IC <sub>40</sub> =1.2 mM	
Antibacillary	
Antibacterial	
Antiflu	
Antirheumatalgic	Martindale's 28th
Antiviral	
FLavor FEMA 12-250	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Herbicide IC <sub>50</sub> =50 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Laxative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Pesticide	
Sedative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Trichomonicide	
LD <sub>100</sub> =50 ug/ml	

P-CYMENE	Leaf	--	162900.0	1.64	*
	Essent.				
	Oil				

#### Activities (16)

Analgesic	Martindale's 28th
Antiacyetylcholinesterase	
IC <sub>40</sub> =1.2 mM	
Antibacillary	
Antibacterial	
Antiflu	
Antirheumatalgic	Martindale's 28th
Antiviral	
FLavor FEMA 12-250	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Herbicide IC <sub>50</sub> =50 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
Irritant	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Laxative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Pesticide	
Sedative	Zebovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Trichomonicide	
LD <sub>100</sub> =50 ug/ml	

P-MONOMA-L-EN-Y-TL-ACETATE      FRUIT      --      --      Lawrence, D.M., Essential Oils 1970-1977, Essential Oils 1978, Essential Oils 1979-1980.

PALMITIC-ACID      Fruit      200.0      1612.0      -0.34      USDA's Ag Handbook 8 and sequelae)

#### Activities (13)

5-Alpha-Reductase-Inhibitor

Antialopanic

Antiandrogenic

Antifibrinolytic

Antioxidant IC40=60

FLavor FEMA 1

Hemolytic

Hypercholesterolemic

Lubricant

Nematicide

Pesticide

Propecic

Soap

Economic & Medicinal Plant Research, 1: 53.

Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.

Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)

Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.

Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

PALMITIC-ACID

Seed Oil      --      --      \*

#### Activities (13)

5-Alpha-Reductase-Inhibitor

Antialopanic

Antiandrogenic

Antifibrinolytic

Antioxidant IC40=60

FLavor FEMA 1

Hemolytic

Hypercholesterolemic

Lubricant

Nematicide

Pesticide

Propecic

Soap

Economic & Medicinal Plant Research, 1: 53.

Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.

Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. CRC Handbook of Lipids in Human Nutrition. CRC Press. Boca Raton, FL. 233 pp.)

Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.

Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

PALMITOLEIC-ACID

Fruit      40.0      320.0      -0.29      USDA's Ag Handbook 8 and sequelae)

#### Activities (2)

5-Alpha-Reductase-Inhibitor

Soap

Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

PALMITOLEIC-ACID

Seed Oil      --      --      \*

#### Activities (2)

5-Alpha-Reductase-Inhibitor

Soap

Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

PANTOTHENIC-ACID

Fruit      2.0      16.0      -0.13      USDA's Ag Handbook 8 and sequelae)

#### Activities (11)

Antiallergic 100-500 mg/day

Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.

Antiarthritic 500-2,000 mg/day

Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Anticephalagic

Martindale's 29th

Anticlaudificant?

Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.

Antidermatitic

Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Antifatiguer

Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Antihypercholesterolemic 300 mg/méal

Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.

Antihielus?

Martindale's 29th

Antiinsomniac?

Martindale's 29th

## PERILLALDEHYDE

Fruit -- 10.0 -0.68 \*

## Activities (11)

Acaricide

Antibacterial MIC=500-&gt;1,000 ug/ml

Antimelanomic  
IC50=120 uM/l

Antiproliferative

Antiseptic

Candidicide MIC=500 ug/ml

Fungicide MIC=250-500 ug/ml

Mutagenic

Nematicide MLC=1 mg/ml Shoyakugaku Zasshi, 44: 183.

Sedative

Vibriocide 250 ug/ml Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.

## PERILLYL-ACETATE

Fruit 1.0 10.0 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1979-1980.

## PHENYLALANINE

Fruit 50.0 1693.0 -0.57 \*

## Activities (7)

AntiADD 587 mg/day/orl Martindale's 29th

Antidepressant 50-4,000 mg/day/man

Antiparkinsonian 200-500 mg/day/man Martindale's 28th

Antisickling 690 ug/ml

Antivitiligo 100 mg/kg/day/orl/man Martindale's 29th

Monoamine-Precursor Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

Tremorigenic 1,600-12,600 mg/man/day Martindale's 28th

## PHOSPHORUS

Fruit 90.0 1385.0 -0.56 \*

## Activities (4)

Antiosteoporotic Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

Anxiolytic

Immunostimulant Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

Osteogenic Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

## PONKANETIN

Pericarp -- -- \*

## POTASSIUM

Fruit 1200.0 13127.0 -0.42 \*

## Activities (14)

Angiotensin-Receptor-Blocker

Antiarrhythmic Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

Antidepressant Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

Antifatigue Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

Antihypertensive

Antispasmodic Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

Antistroke

Anxiolytic

Beta-Blocker

Cardioprotective 3,000-5,000 mg

Cardiotoxic 18,000 mg/man/day

Diuretic

Hypotensive

Vasodilator

## PROLINE

Fruit 310.0 2499.0 -0.41 USDA's Ag Handbook 8 and sequelae)

## PROTEIN

Fruit 6130.0 80228.0 -0.39 \*

## QUINIC-ACID

Fruit -- -- \*

Choleretic					Fitoterapia No.5-1986.
RETICULAXANTHIN	Fruit	--	--	*	
RETROCALAMIN	Plant	--	--		J.S. Glasby Dict.Pls Containing 2ndary Metabolite. 1991.
RETUSIN	Fruit	--	--	*	
<b>Activities (2)</b>					
Antitumor					
Cytotoxic ED50=>25 ug/ml	Arisawa, M., Hayashi, T., Shimizu, M., Morita, N., Bai, H., Kuze, S., and Ito, Y. Isolation And Cytotoxicity Of Two New Flavonoids From Chrysosplenium grayanum And Related Flavonols. <i>J. Natural Products</i> , 54(3): 898-901, 1991.				
RIBOFLAVIN	Fruit	--	4.0	-0.22	*
<b>Activities (15)</b>					
AntiLyme 50 mg/day					
Antiarabiflavinotic 2-10 mg/day orl			Martindale's 28th		
Anticarpal-Tunnel 50 mg/day					Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticataract 15 mg/day					Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticephalitic					
Anticervicaldysplastic 1.6-10 mg/day					
Anticheilitic					
Antidecubitic					Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiglossitic					
Antikeratitic					
Antimigraine					
Antioxidant					
Antipellagric					
Antiphotophobic					Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Cancer-Preventive					Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
RUBIDIUM	Fruit	0.25	2.4	-1.25	ACTA AGRIC SCAND SUPPL 22: 1980
RUBIXANTHIN	Fruit	--	--		Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
<b>Activities (1)</b>					
Colorant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.				
SABINENE	Fruit	32.0	35.0	-0.52	*
<b>Activities (5)</b>					
Antibacterial					
Antihelicobacter					
Antiseptic					
Antiulcer					
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry				
SABINENE-HYDRATE	Fruit	1.0	20.0		Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
SALICYLATES	Fruit	5.0	50.0	-0.19	*
<b>Activities (7)</b>					
Antiaggregant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.				
Antiinflammatory	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.				
Antipyretic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.				
Antiuricosuric	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.				
Hyperglycemic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.				
Hypoglycemic	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.				
Uricosuric	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.				
SALVIGENIN	Pericarp	--	10.0	*	
SCOPARONE	Pericarp	--	4.0	*	
<b>Activities (22)</b>					
Aldose-Reductase-	Okada Y et al 1995 Search for Naturally Occurring Substances to Prevent the Complications of Diabetes II Inhibitory Effect of Coumarin and Flavonoid				

Analgesic	
Antiatherogenic	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor& Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
Antihepatotoxic	Bisset, N.G., ed. 1994. <i>Herbal Drugs and Phytopharmaceuticals</i> . CRC Press. Boca Raton, FL. 566 pp.
Antiimplantation	
Antiinflammatory	
Antiischemic	
Antiproliferant	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor& Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
Antiradicular	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor& Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
Antiretinopathic	
Antispasmodic	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.
CNS-Depressant 40-80 mg/kg ipr	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.
Cardiac	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants</i> . Taylor & Frost, London. 791 pp.
Cholagogue	Wichtl, M. 1984. <i>Teedrogen. Ein Handbuch fur Apotheker und Arzte</i> . Wissenschaftliche Verlagsgesellschaft. mbH Stuttgart. 393 pp.
Choleretic	
Hepatoprotective	Huang, K. C. 1993. <i>The Pharmacology of Chinese Herbs</i> . CRC Press, Boca Raton, FL 388 pp.
Hypocholesterolemic	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor& Francis.NY,NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub.Amsterdam,Netherlands.
Hypotensive 5-20 mg/kg ivn	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.
Immunosuppressant 10-30 uM	
Myorelaxant	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.
Tranquilizer	Neuwinger, H. D. 1996. <i>African Ethnobotany - Poisons and Drugs</i> . Chapman & Hall, New York. 941 pp.
Vasodilator	

SELENIUM	Fruit	--	--	-0.39	ACTA AGRIC SCAND SUPPL 22: 1980
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#### Activities (60)

AP-1-Inhibitor 2-50 uM	
Analgesic 200 ug/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Anorexic	Cooper-Driver, G. A., Chemical substances in plants toxic to animals, pp. 213-47 in Rechcigl, M., Jr., ed. <i>CRC Handbook of Naturally Occurring Food Toxicants</i> , CRC Press, Boca Raton, 1983, 339 pp.
AntiHIV	
AntiNF-kB	
Antiacne 200 ug/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiaggregant	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiangiogenic 2 uM	
Antiangiogenic 230 ug/kg orl rat	
Antiarthritic	
Antiasthmatic	
Antiatherosclerotic	
Anticataract 400 ug/day	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Anticirrhotic	
Anticlimacteric 200 ug/day	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Anticoronal 200 ug/day	
Antidandruff	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antidepressant 200 ug/day	
Antidote (Mercury)	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antifibrotic 400 ug	
Antigout 200 ug	
Antikeshan	Davies, S., and Stewart, A. 1990. <i>Nutritional Medicine</i> . Avon Books, New York. 509pp.
Antileukemic 1.6 mg/kg ipr mus	
Antileukotriene	Pizzorno, J.E. and Murray, M.T. 1985. <i>A Textbook of Natural Medicine</i> . John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimaculitic	
Antimelanomic 480 ug/kg	
Antimenopausal 200 ug/day	
Antimetastatic 480 ug/kg	
Antimyalgic 200 ug/day	Werbach, M. 1993. <i>Healing with Food</i> . Harper Collins, New York, 443 pp.
Antiosteoarthritis	
Antioxidant 100-200 (-400) ug/man/day	
Antiparkinsonian 200-400 ug/day	
Antiproliferant 2 uM	
Antiradicular 100-200 (-400) ug/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. <i>Syndrome X - The complete nutritional program to prevent and reverse insulin resistance</i> . John Wiley & Sons, New York. 272 pp. \$24.95

Antisindrome-X 100-200 (-400) ug/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitumor 100-200 (-400) ug/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitumor (Breast) 333.6 ug/day	
Antitumor (Breast) 0.8 mg/kg scu mus	
Antitumor (Breast) 150 ug/kg diet rat	
Antitumor (Breast) 230 ug/kg ori rat	
Antitumor (Lung) 240 ug/kg diet	
Antitumor (Prostate)	
Antitumor (brain) 38-150 ug/kg	
Antiulcerogenic	Rafatullah, S., Tariq, M., Al-Yahya, M.A., Mossa, J.S., and Ageel, A.M. 1989. Evaluation of Turmeric ( <i>Curcuma longa</i> ) for Gastric and Duodenal Antiulcer Activity in Rats. <i>J. of Ethnopharmacology</i> , 29: 25-34, 1990.
Anxiolytic	
Apoptotic	
Cancer-Preventive	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Cardioprotective 200 ug/day	
Depressant	Cooper-Driver, G. A., Chemical substances in plants toxic to animals, pp. 213-47 in Rechcigl, M., Jr., ed. CRC Handbook of Naturally Occurring Food Toxicants, CRC Press, Boca Raton, 1983, 339 pp.
Fungicide	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Immunomodulator	
Immunostimulant 100-200 (-400) ug/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
NF-kB-Inhibitor	
Ornithine-Decarboxylase-Inhibitor	
Pesticide	
Polyamine-Synthesis-Inhibitor	
Prostaglandin-Sparer	Fujita, T., Nakatani, E., Funaishi, N., Sakuma, S., Fujimoto, Y. Potent inhibition of prostaglandin inactivation in rabbit gastric antral mucosal slices by selenium ions in-vitro. <i>J. Pharm. Pharmacol.</i> 42: 655-657, 1990.
Protein-Kinase-C-Inhibitor IC50=2-50 uM	
VEGF-Inhibitor	

## SERINE

Fruit 120.0 1773.0 -0.66 \*

### Activities (1)

Cancer-Preventive Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

## SESELIN

Root -- -- \*

### Activities (3)

Antileukemic IC50=17.3 ug/ml

Fungicide

Pesticide

## SILICON

Fruit 3.0 23.0 -0.53 ACTA AGRIC SCAND SUPPL 22: 1980

### Activities (4)

Antiarteriosclerotic Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

Antionychotic

Antiosteoporotic

Cardioprotective

## SINENSETIN

Pericarp -- 35.7 \*

### Activities (2)

Fungicide Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Pesticide

## SODIUM

Fruit 8.0 154.0 -0.17 \*

### Activities (1)

Hypertensive Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.

## STEARIC-ACID

Fruit 10.0 80.0 -0.27 USDA's Ag Handbook 8 and sequelae)

5-Alpha-Reductase-Inhibitor				
Cosmetic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.			
FLavor FEMA 2-4,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry			
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. <i>CRC Handbook of Lipids in Human Nutrition.</i> CRC Press. Boca Raton, FL. 233 pp.)			
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.			
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry			
Propecic				
Suppository	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.			

STEARIC-ACID	Seed Oil	--	--	*
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#### Activities (8)

5-Alpha-Reductase-Inhibitor				
Cosmetic	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.			
FLavor FEMA 2-4,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry			
Hypocholesterolemic	Spiller, G. A. 1996 (Spiller, G. A. Ed. 1996. <i>CRC Handbook of Lipids in Human Nutrition.</i> CRC Press. Boca Raton, FL. 233 pp.)			
Lubricant	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.			
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry			
Propecic				
Suppository	Jeffery B. Harborne and H. Baxter, eds. 1983. <i>Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants.</i> Taylor & Frost, London. 791 pp.			

STIGMASTEROL	Root	--	--	*
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#### Activities (12)

Antihepatotoxic				
Antiinflammatory	Lawrence Review of Natural Products, 1995			
Antinociceptive				
Antiphidic 2.3 mg ipr mus	Economic & Medicinal Plant Research, 5: 363.			
Antioxidant IC33=10 uM				
Antiviral	Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in <i>Artemisia annua</i> . <i>Plant Science</i> , 75: 161-165, 1991.			
Artemicide LC50=110 ppm	Jung, J.H., Pummangura, S., Chaichantipyuth, C., Patarapanich, C., and McLaughlin, J.L. 1989. <i>Bioactive Constituents of Melodorum fruticosum. Phytochemistry</i> . 29(5): 1667-1670. 1990.			
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.			
Estrogenic				
Hypocholesterolemic	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp.			
Ovulant				
Sedative				

STIGMASTEROL	Pericarp	--	--	*
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#### Activities (12)

Antihepatotoxic				
Antiinflammatory	Lawrence Review of Natural Products, 1995			
Antinociceptive				
Antiphidic 2.3 mg ipr mus	Economic & Medicinal Plant Research, 5: 363.			
Antioxidant IC33=10 uM				
Antiviral	Abid Ali Khan, M.M., Jain, D.C., Bhakuni, R.S., Zaim, M., and Thakur, R.S. 1991. Occurrence of some antiviral sterols in <i>Artemisia annua</i> . <i>Plant Science</i> , 75: 161-165, 1991.			
Artemicide LC50=110 ppm	Jung, J.H., Pummangura, S., Chaichantipyuth, C., Patarapanich, C., and McLaughlin, J.L. 1989. <i>Bioactive Constituents of Melodorum fruticosum. Phytochemistry</i> . 29(5): 1667-1670. 1990.			
Cancer-Preventive	Stitt, P. A. <i>Why George Should Eat Broccoli</i> . Dougherty Co, Milwaukee, WI, 1990, 399 pp.			
Estrogenic				
Hypocholesterolemic	Nigg, H.N. and Seigler, D.S., eds. 1992. <i>Phytochemical Resources for Medicine and Agriculture</i> . Plenum Press, New York. 445 pp.			
Ovulant				
Sedative				

SUBEROSIN	Root	--	--	*	
SUGARS	Fruit	69400.0	113600.0	-0.42	USDA's Ag Handbook 8 and sequelae)
SULFUR	Fruit	130.0	1000.0	-0.29	ACTA AGRIC SCAND SUPPL 22: 1980

Acarifuge	
Antiacne	Martindale's 29th
Antiarthritic	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidandruff	Martindale's 29th
Antigrey	Martindale's 29th
Antioste oarthritis	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiseborrheic	Martindale's 29th
Antiseptic	Martindale's 29th
Comedogenic	Martindale's 29th
Keratolytic	Martindale's 29th
Laxative	Martindale's 29th
Parasiticide	Martindale's 29th
Pesticide	
Scabicide	Martindale's 29th

SYNEPERINE	Fruit	50.0	280.0	1.0	*
SYNEPHRINE	Pericarp	--	--	--	*

#### Activities (5)

Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardiovascular 0.25 mg/kg ivn dog	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Hypertensive	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Oxytotic 2.5 mg/kg ivn mus	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Vasoconstrictor	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.

SYNEPHRINE	Fruit	--	--	--	*
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#### Activities (5)

Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
Cardiovascular 0.25 mg/kg ivn dog	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Hypertensive	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.
Oxytotic 2.5 mg/kg ivn mus	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Vasoconstrictor	Huang, K. C. 1993. The Pharmacology of Chinese Herbs. CRC Press, Boca Raton, FL 388 pp.

TANGERAXANTHIN	Fruit	--	--	--	*
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TANGERETIN	Pericarp	203.0	1214.2	--	*
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#### Activities (15)

Antiallergic	
Antihistaminic ED=50 mg/kg	
Antilymphocytic	
Antimetastatic	
Antimutagenic	
Antioxidant	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
Antiproliferant IC70=8ug/ml	
Apoptotic	
Cancer-Preventive	Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.
ERK-1-Inhibitor	
ERK-2-Inhibitor	
Fungicide	
Hypolipidemic	
MDR-Inhibitor	
Neuroprotective	

TANGERITIN	Fruit	--	--	--	*
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TANGERITIN	Pericarp	--	--	--	*
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TERPINEN-4-OL	Leaf Essent. Oil	--	71300.0	0.06	*
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#### Activities (23)

Antiacetylcholinesterase IC21-24=1.2 mM	
Antiacne	
Antiallergic	
Antiasthmatic	Chin. J. Tuber. Respir. Dis., 4:203, 1982.
Antibacterial	
Antioxidant	
Antiseptic	Flav. & Frag. J. 9: 129.
Antispasmodic	
Antitussive	Chin. J. Tuber. Respir. Dis.
Antiulcer	
Bacteriostatic	Chin. J. Tuber. Respir. Dis.
Diuretic 0.1 ml/rat	
Fungicide	
Herbicide IC50=200 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Herbicide IC50=22 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	
Irritant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Pesticide	
Renoirritant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Spermicide ED100=0.015	
Vulnerary	Lawrence Review of Natural Products, Jan-91.

TERPINEN-4-OL	Fruit	--	0.1	-0.36	*
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#### Activities (23)

Allelopathic	Wright,C.W.(Ed)2002.Medicinal&Aromatic Plants-Industrial Profiles.Artemisia.344pp.Maffei,M.(Ed)2002.Vetiveria.The Genus Vetiveria.Taylor&Francis.NY, NY.191pp.Southwell,I.,Lowe,R.(Eds)1999.Tea Tree.The Genus Melaleuca.Harwood Acad.Pub,Amsterdam,Netherlands.
Antiacetylcholinesterase IC21-24=1.2 mM	
Antiacne	
Antiallergic	
Antiasthmatic	Chin. J. Tuber. Respir. Dis., 4:203, 1982.
Antibacterial	
Antioxidant	
Antiseptic	Flav. & Frag. J. 9: 129.
Antispasmodic	
Antitussive	Chin. J. Tuber. Respir. Dis.
Antiulcer	
Bacteriostatic	Chin. J. Tuber. Respir. Dis.
Diuretic 0.1 ml/rat	
Fungicide	
Herbicide IC50=200 mM	Lydon, J. & Duke, S., The potential of pesticides from plants, pp. 1-41 in Craker, L. & Simon, J., eds, Herbs, Spices & Medicinal Plants: Recent Advances in Botany, Horticulture, & Pharmacology, v. 4, Oryx Press, Phoenix, 1989, 267pp.
Herbicide IC50=22 uM	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.
Insectifuge	
Irritant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Nematicide MLC=1 mg/ml	Shoyakugaku Zasshi, 44: 183.
Pesticide	
Renoirritant	Newall, C. A., Anderson, L. A. and Phillipson, J. D. 1996. Herbal Medicine - A Guide for Health-care Professionals. The Pharmaceutical Press, London. 296pp.
Spermicide ED100=0.015	
Vulnerary	Lawrence Review of Natural Products, Jan-91.

TERPINEOLENE	Fruit	4.0	110.0	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
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TERPINOLENE	Fruit	2.0	3.0	-0.74	*
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#### Activities (9)

Allelochemic	
Antifeedant	
Antinitrosaminic	
Antioxidant	

FLavor FEMA 15-60	pp.	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry
Fungicide	Keeler, R.F. and Tu, A.T. eds. 1991. Toxicology of Plant and Fungal Compounds. (Handbook of Natural Toxins Vol. 6) Marcel Dekker, Inc. NY. 665 pp.	
Perfumery	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry	
Pesticide		
TETRADECANAL	Fruit	--
		5.0
		-1.0
		Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
THIAMIN	Fruit	1.0
		8.0
		0.34
		*
<b>Activities (31)</b>		
Analgesic 1-4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.	
AntiLyme 50 mg		
Antialcoholic 50-100 mg/day		
Antialzheimeran 100-3,000 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.	
Antianorectic	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.	
Antibackache 1-4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.	
Antiberiberi		
Anticanker		
Anticardiospastic		
Anticataract		
Anticolitic		
Antidecubitic		
Antideliriant		
Antidementia		
Antidiarrheic		
Antidiarrheal		
Antiepileptic		
Antinecephalopathic	Martindale's 29th	
Antifatigue	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.	
Antigastric	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.	
Antihangover 50 mg		
Antiheartburn		
Antihemorrhagic		
Antimigraine		
Antimyocarditic		
Antineuralic 1-4 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.	
Antineurasthenic		
Antineuritic		
Antineuropathic 50 mg	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.	
Antipoliomyelic		
Insectifuge 75-150 mg/man/day	Martindale's 28th	
Neuroprotective		
Pesticide		
THREONINE	Fruit	100.0
		806.0
		-0.92
		USDA's Ag Handbook 8 and sequelae)
<b>Activities (4)</b>		
Antioxidant?		
Antigelcer	Martindale's 29th	
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.	
FLavor FEMA 1,000	Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry	
THYMOL	Fruit	--
		0.1
		-0.71
		*
<b>Activities (71)</b>		
Acaricide		
Allergenic		
Analgesic	Madaus, G. 1976. Lehrbuch der Biologischen Hilfsmittel. Vol. 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.	
Ancylostomicide	Madaus, G. 1976. Lehrbuch der Biologischen Hilfsmittel. Vol. 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.	
Anesthetic	Madaus, G. 1976. Lehrbuch der Biologischen Hilfsmittel. Vol. 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.	
Ankylostomacide	Madaus, G. 1976. Lehrbuch der Biologischen Hilfsmittel. Vol. 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.	
Anthelmintic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd, Essex UK, 362 pp, 1988, reprint 1989.	

Antiaggregant IC50=0.75	Tramil, 42: 511.
Antialzheimeran?	L. Gracza (1985) as cited by Buchbauer re antiacetylcholinesterase.
Antiarthritic	Madaus, G. 1976. Lehrbuch der Biologischen Hilfmittel. Vol. 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.
Antiatherosclerotic IC50=4 uM	
Antibacterial MIC=50-400 ug/ml	
Antibronchitic	Madaus, G. 1976. Lehrbuch der Biologischen Hilfmittel. Vol. 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.
Anticariogenic MIC=200- 400 ug/ml	
Anticholinesterase	L. Gracza (1985) as cited by Buchbauer re antiacetylcholinesterase.
Antihalitosis	American Health, 12(4): 17, 1993.
Antiherpetic	Martindale's 28th
Antiinflammatory (=indomethacin)	
Antileptic	Madaus, G. 1976. Lehrbuch der Biologischen Hilfmittel. Vol. 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.
Antimelanomic IC50=120 uM/l	
Antineuritic	
Antioxidant 100 ppm	Martindale's 28th
Antioxidant (LDL) IC50=4 uM	
Antiperiodontic MIC=50- 200 ug/ml	
Antiplaque MIC=39-625 ug/ml	Osawa, K., Matsumoto, T., Maruyama, T., Takiguchi, T., Okuda, K., and Takazoe, I. Studies of the antibacterial activity of plant extracts and their constituents against periodontopathic bacteria. Bull Tokyo Dent. Coll., 31 (1), 1990, 17-21
Antiradicular EC=60	Jimenez, J., Navarro, M.C., Montilla, M.P., Martin, A. and Martinez, A. 1993. Thymus zygis Oil: Its Effects on CCl4-Induced Hepatotoxicity and Free Radical Scavenger Activity. JE05: 153-8.
Antirheumatic	Williamson, E. M. and Evans, F. J. Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.
Antisalmonella	
Antiseptic 20 x phenol	Wagner & Wolff, eds. 1977. New Natural Products (RS164. I56. 176)
Antispasmodic	
Antistaphylococcc	
Antistreptococcic MIC=200-400 ug/ml	
Antitrichinosis 5%	Madaus, G. 1976. Lehrbuch der Biologischen Hilfmittel. Vol. 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.
Antitussive	Iwu, M.M. 1993. Handbook of African Medicinal Plants. CRC Press, Boca Raton, FL 435 pp.
Ataxigenic	Zebowitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.
Candidicide 100 ug/ml (>Nystatin)	
Carminative	Yamamoto, A., Umemori, S., and Muranishi, S. 1993. Absorption Enhancement of Intrapulmonary Administered Insulin by Various Absorption Enhancers and Protease Inhibitors in Rats. J. Pharm. Pharmacol. 46: 14-18, 1994.
Counterirritant	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.
Culicide LC50=36-49 mg/l	
Cyclooxygenase-Inhibitor (=indomethacin)	
Dentifrice	Aloe Research Council - Duke write up of non-peer reviewd book by Coats and draft by Henry
Deodorant	Martindale's 28th
Dermatitigenic	
Enterorelaxant	J. Aromatherapy 4: 22.
Enterotoxic	Wichtl, M. 1984. Teedrogen. Ein Handbuch fur Apotheker und Arzte. Wissenschaftliche Verlagsgesellschaft mbH Stuttgart. 393 pp.
Expectorant	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
FLavor FEMA 2-100	Aloe Research Council - Duke write up of non-peer reviewd book by Coats and draft by Henry
Fungicide	Merck 11th Edition
Gastroirritant	Martindale's 29th
Gram(+)-icide MIC=200- 400 ug/ml	
Gram(-)-icide MIC=50-200 ug/ml	
Insecticide LC50=36-49 mg/l	
Insecticide 0.22 uM/fly	
Insectifuge	
Irritant	Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Larvicide 10 ppm	Berenbaum, M. R., The natives knew, Chemtech, (May), 1990, 275-279.
Larvicide 58 ppm	
Larvicide LC50=36-49 mg/l	
Molluscicide	
Myorelaxant	J. Aromatherapy 4: 22.
Nematicide MLC=0.1 mg/ml	Shoyakugaku Zasshi, 44: 183.

Pesticide					
Sedative	Zbovitz, T. C. Ed. 1989. Part VII. Flavor and Fragrance Substances, in Keith L. H. and Walters, D.B., eds. Compendium of Safety Data Sheets for Research and Industrial Chemicals. VCH Publishers, New York. 3560-4253.				
Sprout-Inhibitor	Duke, J.A.. Personal Communication.				
Tracheorelaxant					
Trichomonicide LD100=25 ug/ml					
Urinary-Antiseptic	Williamson, E. M. and Evans, F. J., Potter's New Cyclopaedia of Botanical Drugs and Preparations, Revised Ed., Saffron Walden, the C. W. Daniel Co., Ltd., Essex UK, 362 pp, 1988, reprint 1989.				
Varroacide					
Vermicide	Madaus, G. 1976. Lehrbuch der Biologischen Hilfsmittel. Vol. 1-3. 2862 pp. (+ 144 p. index). Georg Olms Verlag, Hildesheim. Reprint of 1938 Madaus.				

THYMYL-METHYL-ETHER	Fruit	--	10.0	1.0	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
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TRANS-CARVEOL	Fruit	--	4.0	-1.0	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.
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#### Activities (1)

Antiasthmatic

TRANS-SABINENE-HYDRATE	Fruit	--	0.1	-0.52	*
TRYPTOPHAN	Fruit	60.0	484.0	-0.51	Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

#### Activities (29)

Analgesic 750 mg/4x/day/orl/man	Martindale's 29th
Antianxiety 500-1,000 mg/meal	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidementia 3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antidepressant 1-3 g/3x/day/orl/man	Martindale's 29th
Antidyskinetic 2-8 g/orl/wmn/day	Martindale's 29th
Antihypertensive	J. Agri. & Food Chemistry, 36: 1079.
Antiinsomniac 1-3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antimanic 12 g/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antimenopausal 6 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antimigraine 500 mg/mán/4x/day	Martindale's 29th
Antioxidant 125 ug/ml	
Antiparkinsonian 2 g 3 x/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiphenylketonuric	Martindale's 29th
Antiprostaglandin 250 pg/ml	
Antipsychotic 12 g/man/day	Martindale's 29th
Antirheumatic	Martindale's 29th
Antiscoliotic	
Carcinogenic	CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
Essential	Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, Londón. 791 pp.
Hypnotic	Martindale's 29th
Hypoglycemic	Economic & Medicinal Plant Research, 6: 157.
Hypotensive 3 g/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Insulinase-Inhibitor	Economic & Medicinal Plant Research, 6: 157.
Insulinotonic	J. Agri. & Food Chemistry, 36: 1079.
Monoamine-Precursor	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Prolactinogenic	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Sedative 3-10 g/man/day	
Serotonergic 6-12 g/day/orl/man	Martindale's 28th
Tumor-Promoter	J. Agri. & Food Chemistry, 36: 1079.

TYRAMINE	Fruit	--	1.0	0.71	*
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#### Activities (11)

Adrenergic	Merck 11th Edition
Antiaggregant	
Cardiovascular 0.8 ivn cat	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Cardiovascular 30 mg/kg scu mus	Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.
Hypertensive	Nigg, H.N. and Seigler, D.S., eds. 1992. Phytochemical Resources for Medicine and Agriculture. Plenum Press, New York. 445 pp.

Neurotoxic 1 mg/kg ivn dog Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.

Pesticide

Sympathomimetic

Vasoconstrictor

Vasopressor

TYROSINE Fruit 110.0 887.0 -0.63 USDA's Ag Handbook 8 and sequelae)

#### Activities (8)

Antidepressant?

Martindale's 29th

Antinecephalopathic  
Antiparkinsonian 100 mg/kg/day

Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.

Antiphenylketonuric

Martindale's 29th

Antiulcer 256 mg scu

Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.

Antiulcer 400 mg/kg ipr rat

Borchard, R. E., Barnes, C. D., and Eltherton, L. G. 1991. Drug Dosage in Laboratory Animals: A Handbook. (3rd Ed.) The Telford Press, Inc., P. O. Box 287, Caldwell NJ 07006.

Cancer-Preventive

Stitt, P. A. Why George Should Eat Broccoli. Dougherty Co, Milwaukee, WI, 1990, 399 pp.

Monoamine-Precursor

Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).

UNDECANAL Fruit -- 0.1 -0.83 \*

#### Activities (2)

FLavor FEMA 1-60

Perfumery Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

UNDECANOIC-ACID Fruit -- 1.0 1.0 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

UNDECANOL Fruit -- 1.0 Lawrence, B.M., Essential Oils 1976-1977, Essential Oils 1978, Essential Oils 1979-1980.

VALENCENE Fruit 6.0 7.0 1.0 \*

VALINE Fruit 20.0 2176.0 -0.47 \*

#### Activities (3)

Antinecephalopathic

Martindale's 29th

Essential

FLavor FEMA 1,000-2,000

Aloe Research Council - Duke writeup of non-peer reviewd book by Coats and draft by Henry

VIT-B-6 Fruit 1.0 5.0 -0.54 USDA's Ag Handbook 8 and sequelae)

WATER Fruit 879720.0 886000.0 0.5 \*

XANTHOXYLETIN Root -- -- \*

#### Activities (1)

Anticonvulsant

XANTHYLETIN Root -- -- \*

#### Activities (1)

DME-Inhibitor

IC50=57.5 uM Advance in Chinese Medicinal Materials Research. 1985. Eds. H. M. Chang, H. W. Yeung, W. -W. Tso and A. Koo. World Scientific Publishing Co., Philadelphia Pa., page 134.

ZEAXANTHIN Fruit -- -- Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

#### Activities (5)

Anticancer (Breast) Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from Vaccinium myrtillus (Bilberry) Fruits and Cell Cultures. Plant Sci., 131(1): 95-103.

Antitumor (Breast) Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from Vaccinium myrtillus (Bilberry) Fruits and Cell Cultures. Plant Sci., 131(1): 95-103.

Colorant Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.

Hepatoprotective

Quinone-Reductase-Inducer Madhavi, D. L., Bomser, J., Smith, M., Singletary, K. 1998. Isolation of Bioactive Constituents from Vaccinium myrtillus (Bilberry) Fruits and Cell Cultures. Plant Sci., 131(1): 95-103.

ZINC Fruit 0.8 8.0 -0.67 ACTA AGRIC SCAND SUPPL 22: 1980

ACE-Inhibitor	
Analgesic	
AntiBPH 25-60 mg/day	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
AntiCrohn's	
AntiHIV	
Antiacne 135 mg/day	
Antiacrodermatitic 8-34 mg/day/orl/chd	Martindale's 29th
Antialcoholic	
Antialopelcic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antialzheimeran 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiangiogenic	
Antianorexic	Martindale's 29th
Antiarthritic 50 mg/3x/day/orl/man	
Anticanker 100 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticataract 30 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Anticoeliac	Martindale's 28th
Anticold 50 mg	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticolitic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Anticorony 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidandruff	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antidementia	
Antidiabetic 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antidote (Cadmium)	Let's Live, May 1989.
Antidysgeuzic	
Antieczemic 150 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiencephalopathic	Martindale's 29th
Antiepileptic 100 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antifibrotic 30 mg	
Antifuruncular 45 mg/3x/day/man	Martindale's 28th
Antihangover 15 mg	
Antitherapeutic? 25-60 mg/day	
Antiimpotence	Martindale's 29th
Antiinfective 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinfertility 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antiinsomniac	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antileptic	Martindale's 29th
Antileukonychic	
Antilymphomic	
Antimaculitic	
Antimetastatic	
Antineuropathic	
Antinyctalopic	
Antiobesity 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiosteoporotic	
Antiperiodontic	
Antiplaque	Martindale's 29th
Antiprolactin	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antiprostatitic 50 mg/man/day/orl	Pizzorno, J.E. and Murray, M.T. 1985. A Textbook of Natural Medicine. John Bastyr College Publications, Seattle, Washington (Looseleaf).
Antirheumatic	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Antiseptic 50 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antispase-Tire 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antistomatitic 50 mg/man/3x/day	Martindale's 28th
Antisyndrome-X 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antitinnitin 60-120 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Antitriglyceride 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Antiulcer 50 mg/3x/day/man	Martindale's 28th
Antiulcer 88 mg/rat/day/15 days	
Antiviral?	Martindale's 29th
Astringent	Martindale's 28th
Collagenic	

Deodorant	Martindale's 29th
Detoxicant (Alcohol)	
Ergogenic	
Hypotensive 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Immunomodulator	
Immunostimulant	Davies, S., and Stewart, A. 1990. Nutritional Medicine. Avon Books, New York. 509pp.
Immunosuppressant 300 mg/day/6 wks/orl/man	Martindale's 29th
Insulinogenic 30 mg/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Leptogenic 30-60 mg/man/day	Challem, J., Berkson, Burt, and Smith, Melissa Dianne. 2000. Syndrome X - The complete nutritional program to prevent and reserve insulin resistance. John Wiley & Sons, New York. 272 pp. \$24.95
Mucogenic	Li, K.M. Effect of zinc sulphate on acetic acid-induced gastric ulceration in rats. <i>J. Pharm. Pharmacol.</i> 42: 657-659, 1990.
NF-kB-Inhibitor	
Pesticide	
Spermigenic 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Testosteronogenic 60 mg/day	Werbach, M. 1993. Healing with Food. Harper Collins, New York, 443 pp.
Trichomonicide	Martindale's 29th
Vulnerary	Martindale's 28th